

Sample HeartCode® BLS Accelerated Agenda

3 students, 1 BLS Instructor; student-instructor ratio 3:1; student-manikin ratio 1:1; total time:
approximately 48 minutes

Time	Lesson
8:00-8:05	Lesson 1: Course Introduction
8:05-8:15	Lesson 2: Adult BLS Part 1: Scene Safety, Assessment, and Adult Compressions Part 2: Pocket Mask Part 3: 1-Rescuer Adult BLS Part 4: Bag-Mask Device Part 5: 2-Rescuer Adult BLS
8:15-8:20	Lesson 3: AED for Adults, Children, and Infants Part 1: AED Review
8:20-8:22	Lesson 6: 2-Rescuer Child CPR Practice While Watching: 2-Rescuer Child CPR
8:22-8:26	Lesson 7: Infant BLS Part 1: Infant Compressions Part 3: 2-Rescuer Infant CPR
8:26-8:28	Lesson 9: Conclusion
8:28-8:48	Lesson 10: Skills Test Part 1: Adult CPR and AED Skills Test Part 2: Infant CPR Skills Test
	Lesson 11: Remediation*

*Remediation time will vary depending on need and number of students.