

The American Heart Association's Infant CPR Anytime Course teaches the lifesaving skills of infant CPR and choking relief.

The AHA's Infant CPR Anytime personal learning program offers an easy and effective training tool for new parents, grandparents, babysitters, and anyone caring for an infant. It teaches the core skills of infant CPR and choking relief in about 20 minutes by using a personal kit. The kit contains everything needed to learn basic CPR and choking relief anywhere, from the comfort of home to a large community group setting.

WHO SHOULD TAKE THE COURSE?

Infant CPR Anytime is intended for anyone who wants to learn CPR, but does not need a CPR course completion card to meet a job requirement. This kit is ideal for community groups, parents, grandparents, caregivers, schools and students, and others interested in learning how to save a life.

Infant CPR Anytime extends the availability and access to training, so that more people can learn CPR and use their skills to act quickly in an emergency.

CONTENT & MATERIALS

- Co-branded with the American Academy of Pediatrics
- Emphasis on CPR with breaths for infants
- Instruction on choking relief for infants
- Bilingual (English and Spanish) instructions, materials, and video that help deliver training to more people
- Personal, inflatable Mini Baby® CPR manikin that clicks when you've pushed hard enough
- CPR skills practice DVD that can be used to refresh skills and train others
- Skills reminder card to carry with you and review as needed
- Manikin wipes and replacement lung for those interested in sharing the kit

COURSE DELIVERY

Learn the skills to save a life in a group setting led by a facilitator. The kit can be used as self-directed training in the comfort of your own home or in a group setting.



**FACILITATED
GROUP**

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cpr-anytime](http://shopheart.org/cpr-anytime)

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