



Food Activity

Liability Waiver

I will receive recipes and instruction to help me learn to cook healthy at home and to conduct a healthy cooking demonstration.

By participating in this activity or using the information provided, I acknowledge that there are inherent risks in cooking, which could result in serious injury or death, including but not limited to the risk of allergic reaction to foods, slips, falls, cuts, burns, choking and other accidents and injuries that may arise from the activity of cooking and consuming the foods prepared in the cooking demonstration or at home. I also understand that there are potential risks which may presently be unknown. I understand and agree that my use of the information, recipes and instruction is at my sole risk. I also agree that I will be responsible for the safety of any participants in a health cooking demonstration that I might conduct, organize or host.

I agree, for myself, my heirs, executors and administrators, to not sue and to release, indemnify and hold harmless, the facility conducting the activity, the instructor, and any of the suppliers of information or products used in the activity, from all damages, actions, claims and liabilities of any nature, specifically including, but not limited to, those arising from or related to cooking at home, or conducting or participating in a cooking demonstration, and related activities, and for any accidents and loss or damage to my property and person, to the extent not caused by the facility or instructor.

Signature _____

Printed Name: _____

Date: _____