



**Advancing Million Hearts®:  
AHA and Heart Disease and Stroke Prevention  
Partners Working Together in Utah**

**THURSDAY, JUNE 6, 2019  
8:30 AM - 3:00 PM MT**

*Library's Viridian Event Center  
8030 South 1825 West  
West Jordan, Utah*

## **MEETING PURPOSE:**

Connecting staff from AHA Affiliates, state health departments and other state and local heart disease and stroke prevention partners to establish and engage in meaningful relationships around Million Hearts® efforts and identify strategies for Million Hearts® priorities.

## **MEETING OBJECTIVES:**

At the end of the meeting, participants will be able to:

- 1) Identify Million Hearts® focused activities for 2019
- 2) Recognize Million Hearts® evidence-based and practice-based cardiovascular prevention strategies and approaches
- 3) List partner programs and resources that align with Million Hearts®
- 4) Identify programs efforts that align and ways to work together
- 5) Create plan for follow-up to increase engagement and implement identified strategies
- 6) Recognize key contacts within heart disease and stroke prevention organizations

## **MEETING OUTCOMES**

Attendees will have expanded their knowledge of evidence-based programs, collaboration strategies, tools, resources and connections to align programs and new initiatives that support Million Hearts®.

# AGENDA

- 8:30 AM **CONTINENTAL BREAKFAST AND PARTNER NETWORKING**
- 9:00 AM **WELCOME**  
John Clymer  
*Executive Director, National Forum for Heart Disease and Stroke Prevention*
- 9:12 AM **OVERVIEW OF THE DAY**  
Julie Harvill, *MPA, MPH*  
*Operations Manager, Million Hearts® Collaboration, American Heart Association*
- 9:15 AM **UTAH MILLION HEARTS® COALITION OVERVIEW**  
John Stuligross, *MPH*  
*Cardiovascular and Health Systems Coordinator, Utah Department of Health*
- Edwin Espinel  
*Healthy Living Through Environment, Policy & Improved Clinical Care Utah Department of Health*
- 9:30 AM **INTRODUCTIONS**  
John Bartkus, *PMP, CPF*  
*Principal Program Manager, Pensivia*  
In one sentence, what excites you about your role in heart disease and stroke prevention?
- 9:50 AM **MILLION HEARTS® 2022 OVERVIEW AND UPDATE**  
Tom Keane, *JD, MPA*  
*Division of Heart Disease and Stroke Prevention, National Center for Chronic Disease Prevention and Health Promotion Centers for Disease Control and Prevention*
- Million Hearts® 2022
- The need for Million Hearts®: The state of heart disease and stroke in the U.S.
  - Strategies and tools for preventing 1 million events
  - Preventing 1 million events: Utah's contribution
  - New Initiative: Million Hearts® Hospital/Health System Recognition
- 10:10 AM **UTAH DEPARTMENT OF HEALTH PRIORITIES THAT ALIGN WITH MILLION HEARTS®**  
John Stuligross, *MPH*
- 10:30 AM **BREAK**



- 10:45 AM **COMAGINE HEALTH PRIORITIES THAT ALIGN WITH MILLION HEARTS®**  
Katherine Luke  
*Project Manager/Utah Outpatient Services*
- Rebecca Wilson  
*Senior Project Manager*
- 11:05 AM **AMERICAN HEART ASSOCIATION PROGRAMS AND RESOURCES THAT ALIGN WITH MILLION HEARTS®**  
Marc Watterson  
*Director of Government Relations, Utah*
- Juliette Martinez  
*Affiliate Community Impact Consultant, Western States Affiliate*
- 11:25 AM **FINDING CONNECTIONS AND ALIGNMENTS**  
John Bartkus
- 11:45 AM **CATERED LUNCH**
- 12:15 PM **AFTERNOON BREAKOUTS/FACILITATED DISCUSSIONS**  
John Bartkus
- Based on the survey results, three breakout topics will be selected from:
- Blood Pressure Monitoring (AOBP/SMBP)
  - Team-based Care
  - Treatment Protocols
- 2:20 PM **GROUP REPORT OUTS AND NEXT STEPS**  
John Bartkus
- 2:50 PM **EVALUATION AND FEEDBACK PROCESS**  
Sharon Nelson, MPH  
*Program Initiatives Manager, Million Hearts® Collaboration, American Heart Association*
- 2:55 PM **WRAP UP / ADJOURN**

# NOTES

