



**American
Stroke
Association.**

*A division of the
American Heart Association.*

LEARN TO ACT F.A.S.T.

The American Stroke Association has created the F.A.S.T. Experience to help people experience what the warning signs of a stroke look, feel and/or sound like.

Learn how to recognize the warning signs of stroke by trying our interactive experience to reduce disability or even prevent death.

Face Drooping
Arm Weakness
Speech Difficulty
Time to Call 911



Open the experience on:

- ✓ Smart phone
- ✓ Computer
- ✓ Tablet

Get the experience

Stroke.org/FAST





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LEARNING F.A.S.T. SAVES LIVES

The F.A.S.T. Experience shows the symptoms of a stroke so you will know how to spot a stroke and help save a life in the future.

Face Drooping: Take a selfie and see what your face would look like if you were experiencing face drooping.

Arm Weakness: Play a game that helps to illustrate what arm weakness would look like in a common, everyday experience.

Speech Difficulty: Say a couple of sentences into your device and hear what it would sound like if your speech was slurred.

Time to Call 911: Stroke is an emergency. If someone is having a stroke, they must get medical attention right away to reduce disability or even prevent death.

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