

TWEEN ENTREPRENEURS • THE YANKEES OF VIDEO GAMES

SEPTEMBER 30, 2018

Forbes

MORE LISTS!

TOP WEALTH
ADVISORS

AMERICA'S
BEST
COLLEGES

HIP-HOP'S
CASH KINGS

MOST
INNOVATIVE
LEADERS

2019
LUXURY CAR
GUIDE



AMAZON'S
JEFF BEZOS

"THERE ARE BUSINESSES
WHERE THE MARKET
IS LIMITED. WE DON'T
HAVE THAT ISSUE."

BEZOS UNBOUND

HE'S BUILT THE MOST INNOVATIVE AND FEARED JUGGERNAUT
OF THE 21ST CENTURY—AND EVERY INDUSTRY IS NOW FAIR GAME.
OUR EXCLUSIVE INTERVIEW WITH THE WORLD'S RICHEST MAN.

Improving Business

Through a Culture of Health

Employees and employers benefit from improved heart health in the workforce. Healthy, engaged employees are more productive, with lower absenteeism and lower healthcare costs.

Between 2010 and 2030:

Direct medical costs associated with cardiovascular disease in the United States are projected to increase

from \$273 billion up to \$818 billion

Indirect costs associated with cardiovascular disease secondary to lost productivity will increase

from \$172 billion up to \$276 billion¹

The U.S. spends more

on healthcare than any other country, yet it **ranks 28th** in life expectancy.² Employees with a cardiovascular disease:



Lost 56 hours more
per year in productivity



Cost \$1,119 more
per year in insurance



Cost all payers \$8,332 per person
per year for congestive heart failure



Lose an average of **13 workdays** per
year per person for heart disease.³

Sources: ¹ncbi.nlm.nih.gov/pubmed/21262990

²data.oecd.org/healthstat/life-expectancy-at-birth.htm

³bmchealthservres.biomedcentral.com/articles/10.1186/s12913-015-0925-x

⁴journals.sagepub.com/doi/10.1177/1524839907303794

The Workplace Health Achievement Index

Scores and recognizes organizations on the health of the workplace and health of the workforce using science-based and evidence-informed measures.



1,036 companies completed the Index in 2018. 75% scored at bronze, silver, or gold level.



The Index is the first step in the

Life's Simple 7[®] Journey to Health[™]

Get the big picture — including American Heart Association Health Screening Services[™] with integrated health assessment and personalized actions for health improvement — by visiting heart.org/workplacehealth.

"The American Heart Association is an important catalyst to focus business on wellness and on other ways to provide the best benefits in the most affordable way for our employees."

— **Brian Moynihan**
CEO, Bank of America

"The Index asks companies to be proactive about employee health. By challenging companies to actively prioritize employees' health and well-being, we can build a culture of health across America."

— **Alex Gorsky**
Chairman and CEO, Johnson & Johnson



2018 Gold Recognized Companies

The American Heart Association is proud to recognize the below organizations for their dedication to building healthier workplaces. These organizations scored highest on the American Heart Association's Workplace Health Achievement Index, which was developed in collaboration with the Association's CEO Roundtable and its Center for Workplace Health Research and Evaluation.

Adventist Health Castle	City of Naples	Jaeger & Flynn	Quest Diagnostics
Adventist Health Central Valley Network	CNO Financial Group	Jefferson County, Colorado	Restaurant Technologies
Advocate Health Care	Constellation Brands	JLL	RK
Akron Children's Hospital	Contec, Inc.	John Muir Health	Robert Bosch
AlloSource	Cook Children's Healthcare System	Johnson & Johnson	Saint Luke's Health System
American Heart Association	Creighton University	Kaiser Permanente	San Diego Unified School District
Amgen, Inc.	CSAA Insurance Group	KCP&L	Sanofi US
Apex Capital Corp	Culligan Water	Keenan & Associates	Schneider Electric
Arthrex, Inc.	CVS Health	Kennebunk Savings	School District of Onalaska, WI
Aspen Skiing Company	Delta Air Lines	King Ranch, Inc.	SCL Health Lutheran Medical Center
Aspen Valley Hospital	Denver Water	KKR	Sentara Healthcare
Assurance	Devon Energy Corporation	Lake Land College	Southcoast Health
AT&T	Duke Realty	LG&E and KU Energy, LLC	Southern Illinois Healthcare
Atlantic Health System	Eaton	Littleton Public Schools	St. Bernards Healthcare
Atos Solutions & Services, Inc.	Edwards Lifesciences	Loews Corporation	St. Elizabeth Hospital
Atrium Health	El Rio Health	Lutheran Senior Services	St. Francis Medical Center
Aultman Health Foundation	eni	Macy's, Inc.	St. Louis County Government
Bank of America	Erie Insurance	Mark Miller Subaru	St. Luke's Hospital - St. Louis
Baptist Health South Florida	Fairchild Medical Center	MassMutual	Sun Coast Resources, Inc.
Baylor College of Medicine	First Insurance Company of Hawaii, Ltd.	McCarthy Holdings, Inc.	Tampa Bay Trane
Baylor Scott & White Health	Flexco	Memorial Hospital and Memorial Gables	Terumo BCT
BBVA Compass	Florida Blue	Merck & Co., Inc.	Texas Health Resources
Berkshire Systems Group, Inc.	Florida Hospital Tampa	Mercy	The Bank of Tampa
Black River Memorial Hospital	Florida Hospital Zephyrhills	Mercy Health	The Breakers Palm Beach, Inc.
Booz Allen Hamilton, Inc.	Franciscan Missionaries of Our Lady Health System	Meredith Corporation	The Dupps Company
BorgWarner, Inc.	Freeman Health System	Methodist Health System	The Nielsen Company
Boston Scientific	Froedtert Health	Metro Nashville Public Schools	The School District of Palm Beach County
Bouchard Insurance	Gilsbar, LLC	MVP Health Care	The Starr Group
Boulder County	Greenleaf Hospitality Group	Neopost USA, Inc.	Titan America
BPM, LLP	Gresham Smith	New London Hospital	Trinity Metro
Broward County Government	Griffin Health	NK Parts Industries, Inc.	TRIOSE, Inc.
Brown University	Grinnell Mutual	Norton Healthcare	Turner Construction
Brunswick Corporation	Group Health Cooperative of Eau Claire	Nutanext	Union Pacific
CARF International	GTE Financial	OhioHealth	University of California, Irvine
CaroMont Health	Harris Health System	Omaha Steaks	University of San Francisco
CDPHP - Capital District Physicians' Health Plan	Hawai'i Pacific Health	Ortho Clinical Diagnostics	UR Medicine Thompson Health
Central Florida Health	Health Care Service Corporation	OrthoCarolina, P.A.	USI
CentraState Healthcare System	Higginbotham	Our Lady of Lourdes Regional Medical Center	VF Corporation
Centura Health	Hill & Wilkinson General Contractors	Our Lady of the Angels Hospital	Walsh Duffield Companies, Inc.
CESA #1	Hill Physicians Medical Group	Our Lady of the Lake Regional Medical Center	West Bend Mutual Insurance Company
Chevron	HPMC Occupational Medical Services	PacificSource Health Plans	Western Municipal Water District
Chevron Gulf of Mexico Business Unit	Humana, Inc.	Palmetto 57	White Plains Hospital
Chevron Pascagoula Refinery	Huntington Hospital, Pasadena, CA	Passport Health Plan	Wildwood Programs
Children's Hospital Colorado	IBM	Pinnacol Assurance	Wolter Group, LLC
Children's Hospital of Wisconsin	Interactive Health, Inc.	PreferredOne	Worthen Industries
Chr. Hansen, Inc.		Premier Health	ZOLL Medical Corporation
Cigna Tampa Office			
Cincinnati Eye Institute			
City of Boulder			

To see the full list of recognized companies, visit heart.org/workplacehealth