



## American Heart Association

### Frequently Asked Questions – Volunteer Edition (updated 11/2021)

1. **How do I register to volunteer?** Simply click on as many opportunities as you'd like. Follow the prompts to provide your contact information, then submit. Once submitted, you will receive a confirmation and welcome email with instructions on how to self-activate. Start volunteering on your own time and at your own pace.
2. **Do you provide volunteer hours tracking and verification? If so, how do I submit my hours?**
3. **Do you have volunteer opportunities for youth?** Youth ages 13-17 are eligible to participate in our youth opportunities, which can be found on our [volunteer opportunities website](#). Be sure to toggle over to our youth opportunities as illustrated in the screenshot below. Once you make your selections and complete the registration, you will be ready to activate.

## Ready to volunteer?

Review the opportunities and select as many as you'd like.  
Have questions? Email us at [volunteers@heart.org](mailto:volunteers@heart.org).

Interested in volunteer opportunities for youth?  Yes  
Created for ages 13-17



4. **How do I find out about local events and volunteer opportunities near me?** Due to the ongoing pandemic, our current opportunities can be completed virtually and on your own schedule. Our local offices remain closed to volunteers and supporters for the safety of the public and our staff. For a local schedule of events or to connect directly with local staff, you may find your closest office by visiting the “In Your Community” section in the upper right hand of our website at [www.heart.org](http://www.heart.org) and entering your zip code or state. An example is pictured below.

About Us ▾ CPR ▾ In Your Community ▾

Visit your local affiliate office and find local events:  
**Atlanta, GA** >

Change your location:

Zip Code      State

OR  ▾

5. **Do you have group volunteering opportunities available?** Our group opportunities are usually reserved for our events such as Heart Walk. Please review the answer to question #3 to learn how to search for events in your area.
6. **My company is interested in corporate volunteer opportunities. Where do we start?** Contact [volunteers@heart.org](mailto:volunteers@heart.org) to be connected to our corporate volunteerism team.



7. **I'm interested in serving on a board. What are the qualifications, and how do I apply?**  
American Heart Association board members bring a combination of skills, experience, passion and influence to accomplish the revenue and health goals of an AHA division. Board members apply their time, talent and resources toward building resource capacity and improving the cardiovascular health of the community. They are champions of health equity and recognize the urgent need to address the evolving needs of our increasingly diverse communities.  
Qualifications:
- Demonstrated executive leadership or equivalent in business, organization or industry
  - Decision making ability and authority to engage businesses, organizations or centers of influence on behalf of the AHA
  - Ability and willingness to act in support of, and engage others in, the AHA mission
- Board member recruitment typically happens during the spring for a July 1<sup>st</sup> start and requires a preferred commitment of at least two years. To express interest, you may contact your local AHA office.
8. **Do you offer internships? If so, how do I apply? Are there any paid internship opportunities?**  
Yes, we offer both paid and unpaid internship opportunities for college students only. Unpaid internships are required to be used to earn college credits. Paid and unpaid internships will be posted as they become available so check back often: <https://heart.jobs/interns/>.
9. **What opportunities do you offer for medical professionals such as nurses, doctors, PAs, medical students, researchers, etc.?** To learn more about our professional memberships and training opportunities, please visit [Professional Heart Daily](#).
10. **I would like to volunteer with my local hospital. Does the AHA coordinate volunteer opportunities with local hospitals or groups for cardiac patients and caregivers?**
11. **I would like to host a fundraiser for the AHA. How do I get started?** You may start fundraising for us online using this link: <https://raiseyourwayforaha.funraise.org/>. Add it to your social media pages and ask your network to support our life-saving mission!
12. **I was assigned community service by the court. Do you accommodate court-ordered volunteers?** While the American Heart Association respects the rehabilitation efforts supported through court-ordered volunteering and other diversion programs, the American Heart Association unfortunately does not have the resources in place to complete the necessary due diligence on perspective volunteers, nor monitor and complete the documentation required by the court system.
13. **I need to find information about CPR courses or my certification. Where do I start?** Please visit our [CPR information website](#) to find more information.
14. **Do you offer free CPR training in exchange for volunteering?** Unfortunately, we do not. Our Nation of Heartsavers CPR ([www.heart.org/handsonlycpr](http://www.heart.org/handsonlycpr)) training is no cost, but you will not earn a certification card. You will earn a course completion certificate.
15. **What if I have other questions that I don't see answered here?** Please contact customer service at: 1-800-AHA-USA-1 (1-800-242-8721). Our hours of operation are:

Monday - Friday: 7AM - 9PM CST

Saturday: 9AM - 5PM CST

Closed on Sundays



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