

2020 BLS Provider Course (Instructor-Led Training)

FAQ



As of October 21, 2020

BLS Provider Instructor-Led Training (ILT) Course Questions

Q: What is the AHA's 2020 BLS Provider Course?

A: The AHA's BLS Provider Course has been updated to reflect new science in the 2020 AHA Guidelines for CPR and ECC. This course teaches basic life support skills for application in both in-facility and prehospital settings, with a focus on high-quality CPR, improvement of chest compression fraction, and high-performing team dynamics. The BLS Provider Course teaches rescue techniques for adults, children, and infants.

Q: What specifically is taught in the new BLS Course?

A: In the 2020 BLS Provider Course, students will learn and practice

- High-quality BLS for adults, children, and infants
- Use of an AED
- Effective ventilation using a barrier device
- Relief of foreign-body airway obstruction for adults, children, and infants
- High-performance teams

Q: What are the key differences between the 2015 Guidelines and 2020 Guidelines versions of the BLS Provider Course?

A: The new BLS Course includes the following changes:

Online exams

The AHA now offers online exams for Instructor-led Training (ILT) courses. Using their Security ID number, Training Centers secure online exams (bundled with eCards or as a standalone option) from ShopCPR to be issued to students during the ILT course. Online exams improve exam security and are just one way the AHA ensures that cardholders around the world have met the same course completion requirements for BLS classroom training.

Course Videos

- Course videos are available in digital (streaming and downloadable) format online and on DVD
- New videos have been added to the BLS Course, including CPR Coach

Instructor Manual

Part 1: General Concepts – All healthcare Instructor manuals now have a universal section, including

- Science and educational principles of resuscitation training
- Basic logistics for conducting any AHA course

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Prebriefing

In the 2020 BLS Provider course, Instructors conduct a prebriefing with students immediately before the start of each simulation. The goals of prebriefing are to establish a positive learning environment and to provide information about the session to students. In addition, teams will set goals for the case and discuss the goals they set in the prebriefing in the debriefing. This will prepare students for success in the course.

CPR Coach

The CPR Coach is a new role within the resuscitation team. The CPR Coach role is designed to promote the delivery of high-quality CPR and allow the Team Leader to focus on other elements of cardiac arrest care, coordinate the various team members' assigned tasks, and ensure that clinical care is delivered according to AHA guidelines.

Skills Testing

High-Quality BLS Skills Testing

- Focuses on continuous chest compressions

Provider Manual Updates

- Revised illustrations
- CPR Coach
- Expanded information on high-performance teams

Q: What are the course completion requirements for the BLS Provider Course?

A: To successfully complete this course and receive your BLS course completion card, students must do the following:

- Participate in hands-on interactive demonstrations of high-quality CPR skills
- Pass the Adult CPR and AED Skills Test
- Pass the Infant CPR Skills Test
- Score at least 84% on the exam

Q: Is there a BLS Renewal Course?

A: Yes.

BLS Target Audience

Q: Who is the intended audience for the BLS Provider Course?

A: The AHA's BLS Provider Course is designed for healthcare providers and trained first responders who provide care to patients in a wide variety of settings or for those in a healthcare training program.

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Q: What does the term “in-facility” mean?

A: In-facility refers to healthcare providers who work in a hospital, clinic, or other healthcare facility including a dentist office, skilled nursing, and assisted-living facilities.

Course Materials

Q: What materials are available for the BLS Provider ILT Course?

A: Materials for the AHA's BLS Provider ILT Course are currently available through ShopCPR.Heart.org or WorldPoint (for some AHA Training Centers). Materials include:

Student Materials:

20-1102 BLS Provider Manual (includes BLS Reference Card, product 20-1132)

20-3102 BLS Provider Manual eBook (includes BLS Digital Reference Card, product 20-3123)

20-1132 BLS Reference Card

20-3123 BLS Digital Reference Card

Instructor Materials

20-1103 BLS Instructor Manual

20-3103 BLS Instructor Manual eBook

20-1105 BLS Course DVD Set

20-1414 BLS Course Digital Videos

Cards

20-3001 BLS Provider eCard

Course Length

Q: How long is the BLS Course?

A: Approximate times for each version of the BLS Provider Course are listed below:

- BLS ILT Full Course: 3:40 hours without breaks
- BLS ILT Update Course 3 hours without breaks

Teaching the New BLS Provider Instructor-led Course

Q: Who can teach the new BLS Provider ILT Course?

A: The new BLS Course may be taught by AHA BLS Instructors who have completed their 2020 Guidelines Instructor Update for BLS and have received and reviewed their new BLS Instructor materials.

Q: What resources are available to help Instructors understand the new BLS Course and materials?

A: The AHA developed the BLS Product & Course Orientation (P&CO) to help BLS Instructors understand the new, 2020 BLS course design and teaching strategies, and to quickly get up to speed on the latest

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and most important updates to the BLS Course materials. This orientation is available free of charge to Instructors through eLearning.Heart.org (requires login with AHA Instructor Network credentials).

The P&CO provides BLS Instructors

- Information about new course materials, course curriculum updates, and how the changes impact the way you will teach the BLS Course
- Details, clarification, and direction on various course formats
- Specifics about new BLS course materials
- Steps to incorporate new updates into various course settings

While all BLS Instructors are strongly encouraged to complete the P&CO before teaching the new course, it is not required. Viewing the P&CO is most helpful if Instructors have new course materials in-hand while viewing.

2020 BLS Exam

Q: Are students allowed to access resources when taking the BLS Provider Course Exam?

A: The AHA has adopted an open-resource policy for exams. Open resource means that students may use resources as a reference while completing the exam. Resources could include the provider manual, either in printed form or as an eBook on personal devices, any notes the student took during the provider course, the 2020 Handbook of ECC for Healthcare Providers, the AHA Guidelines for CPR and ECC, posters, etc. Open resource does not mean open discussion with other students or the Instructor. Students may not interact with each other during the exam.

Continuing Education (CE) Information

Q: Does the BLS Provider ILT Course offer continuing education (CE)?

A: Yes. The following CE is available for the BLS Provider and the BLS Renewal Courses:

BLS ILT Full Classroom Course

Continuing Education Accreditation – Emergency Medical Services

This continuing education activity is approved by the American Heart Association, an organization accredited by the Commission on Accreditation of Pre-Hospital Continuing Education (CAPCE), for 3.25 Educator CEHs, activity number 20-AMHA-F2-0083.

BLS ILT Renewal Course

Continuing Education Accreditation – Emergency Medical Services

This continuing education activity is approved by the American Heart Association, an organization accredited by the Commission on Accreditation of Pre-Hospital Continuing Education (CAPCE), for 2.75 Educator CEHs, activity number 20-AMHA-F2-0093.