

The Adult & Child CPR Anytime Personal Learning Kit allows everyone to learn the core skills of CPR in just 20 minutes by using their own personal kit. The kit contains everything needed to learn basic CPR, AED skills, and choking relief anywhere, from the comfort of home to a large community group setting.

About 70% of out-of-hospital cardiac arrests occur in a private or residential setting. Only about 46 percent of these people receive the immediate help that they need before professional help arrives. By learning the skills of CPR and passing this kit on to your family and friends, you can be more prepared to save a life.



WHO SHOULD TAKE THE COURSE?

Adult & Child CPR Anytime is intended for anyone who wants to learn CPR, but does not need a CPR course completion card to meet a job requirement. This kit is ideal for community groups, parents, grandparents, caregivers, schools and students, and others interested in learning how to save a life.

Adult & Child CPR Anytime extends the availability of and access to training, so that more people can learn CPR and use their skills to act quickly in an emergency.

CONTENT & MATERIALS

- Hands-Only CPR for adults; CPR with breaths for children
- Bilingual (English and Spanish) instructions, materials, and video to better serve more people
- A personal, inflatable Mini Anne® CPR manikin that clicks when you've pushed hard enough
- CPR skills practice DVD that can be used to refresh skills and train others
- Skills reminder card to carry with you and review as needed
- Manikin wipes and a replacement lung for those interested in sharing the kit



COURSE DELIVERY

Learn the skills to save a life in a group setting led by a facilitator. The kit can be used as self-directed training in the comfort of your own home or in a group setting.

Order Today!

[shopheart.org/
cpr-anytime](http://shopheart.org/cpr-anytime)

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800-611-6083 | aha.channing-bete.com

Laerdal Medical Corporation
888-562-4242 | laerdal.com

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888-322-8350 | worldpoint.com