

**Kansas City Region  
American Heart Association  
Cardiac Symposium  
November 7, 2019**



**A Cardiooncology Flyby**

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**No Conflict of Interest Disclosures**

**Will Discuss off label uses**

# Goals for this presentation

- Maintain your attention
  - ❖ Send <2 texts
  - ❖ Check email <2x
  - ❖ No checking newsfeeds or Facebook
  - ❖ Twitter & Instagram 1x each about Conference
- Recall **3 facts** from this talk on Monday such as
  - ❖ New cancer therapies
  - ❖ New approaches to preventing/managing cardiac toxicities
  - ❖ CV risks in cancer survivors
  - ❖ Cardiac therapies in cancer patients
- Email your **3 facts** on Monday to [cbporter@kumc.edu](mailto:cbporter@kumc.edu)

KUH Cambridge Tower

# **CV Med Cardiooncology Team**

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# Coverage today

## ➤ Define cardiooncology

## ➤ Discuss

- ❖ New cancer therapies that improve cancer survival but create new cardiac toxicities
- ❖ Minimizing cardiac toxicities while optimizing cancer treatment outcomes: New and established therapies
- ❖ Impact of cancer and cancer treatment on
- ❖ Cardiovascular risk factors
- ❖ CV prognosis
- ❖ Assessing and managing CV risks and disease in cancer patients and survivors

# Three Facets of Cardiooncology

## Clinical Care, Education & Research

### Birth and Maturation of Cardio-Oncology

#### Clinical Care

- Collaborative center jointly staffed by cardiologists and oncologists
- Focused on prevention and treatment of cardiovascular complications of cancers and associated therapies
- Dedicated outpatient clinics and inpatient consultation service

Bhatt, JACC Cardiooncology Sept 2019

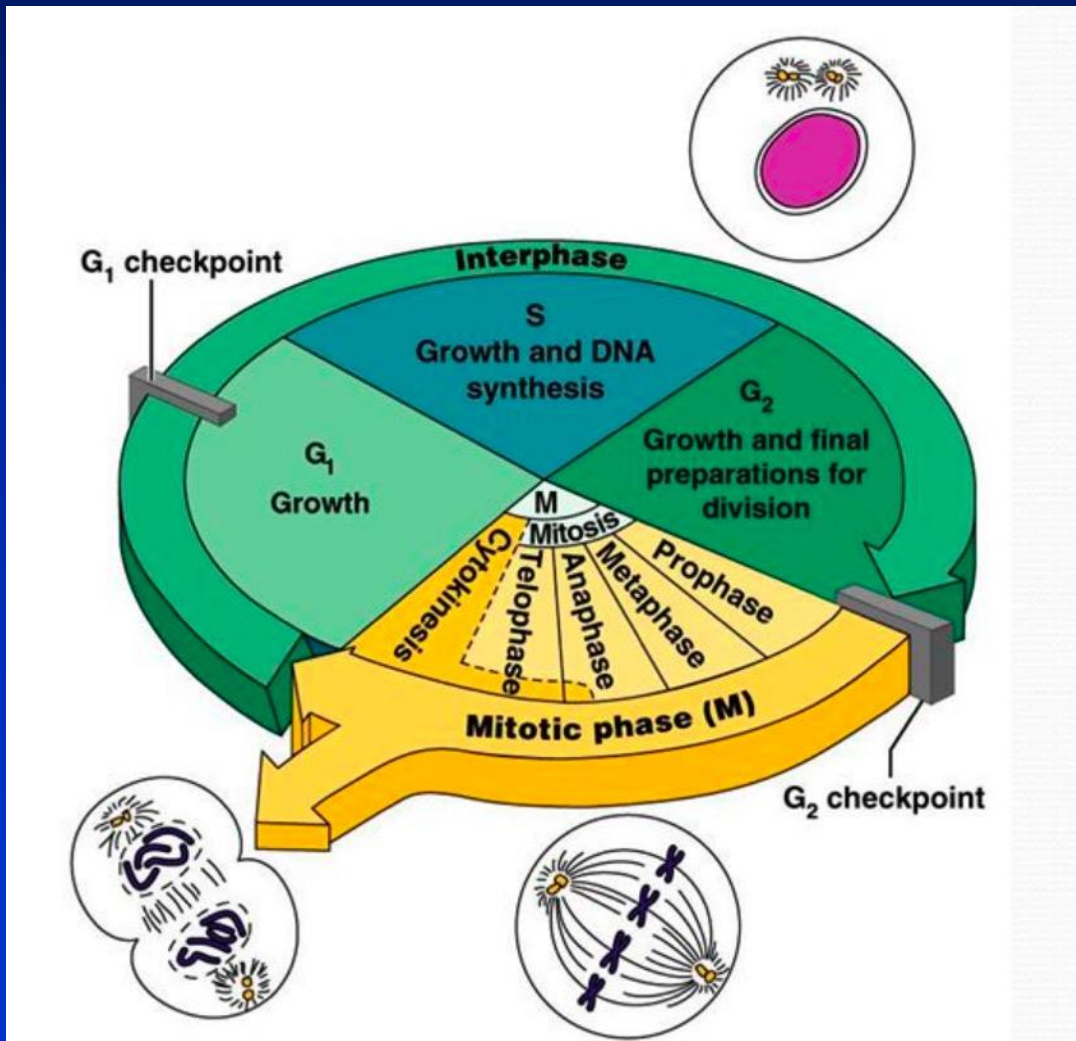
#### Education

- Integration into general cardiovascular medicine fellowship curricula
- Development of dedicated cardio-oncology subspecialty training
- Birth of subspecialty journal *JACC: CardioOncology*

#### Research

- Case reports and case series; basic science investigation
- Small, mechanistic randomized trials with biomarker and imaging endpoints
- Large cardiovascular outcome trials, leveraging adaptive designs and longitudinal registries

# Clinical care starts with understanding Traditional Cancer Chemotherapy & Targeted therapies



## Traditional Chemo:

Cancer cell growth interrupted at specific points in cell cycle along with healthy cells using same pathways create broad array of side effects related to inhibition of cell growth and recovery

## Targeted therapies:

neutralize specific cell mutations that promote uncontrolled cell growth, invasion and metastasis

- ❖ Same mutation may promote carcinogenesis for different cancers

# 2005: Two Cardiotoxic chemo classes

## Anthracyclines (adriamycin/doxorubicin) and Anti-HER2 agents (Trastuzumab/Herceptin)

	Type I (myocardial damage)	Type II (myocardial dysfunction)
Characteristic agent	Doxorubicin	Trastuzumab
Clinical course, response to CRCD therapy	May stabilize, but underlying damage appears to be permanent and irreversible; recurrence in months or years may be related to sequential cardiac stress	High likelihood of recovery (to or near baseline cardiac status) in 2-4 months (reversible)
Dose effects	Cumulative, dose related	Not dose related
Mechanism	Free radical formation, oxidative stress/damage	Blocked ErbB2 signaling
Ultrastructure	Vacuoles; myofibrillar disarray and dropout; necrosis (changes resolve over time)	No apparent ultra structural abnormalities
Noninvasive cardiac testing	Decreased ejection fraction by ultrasound or nuclear determination: global decrease in wall motion	Decreased ejection fraction by ultrasound or nuclear determination: global decrease in wall motion
Effect of rechallenge	High probability of recurrent dysfunction that is progressive, may result in intractable heart failure and death	Increasing evidence for the relative safety of rechallenge; additional data needed
Effect of late sequential stress	High likelihood of sequential stress related cardiac dysfunction	Low likelihood of sequential stress-related cardiac dysfunction

Abbreviation: CRCD, chemotherapy-related cardiac dysfunction.

Ewer & Lippmann, JCO May 2005

# 2019: Multiple classes of anti-cancer agents with cardiac and vascular toxicities

**Table 1. Cancer Therapies, Cellular Targets, and Associated Cardiovascular Toxic Effects.\*** Moslehi NEJM Oct 13, 2016; 375:15

Class	Drug	Cellular Target	Common Cardiovascular Toxic Effects
<b>Traditional cancer therapies</b>			
Radiation	NA	NA	Myocardial ischemia, pericarditis, myocarditis, valvular heart disease, arrhythmia
Anthracyclines	↔ Doxorubicin, daunorubicin, idarubicin, epirubicin, mitoxantrone	Type II topoisomerase, DNA and RNA synthesis	Cardiomyopathy, arrhythmia, acute myocarditis or pericarditis
Platinum	Cisplatin, carboplatin, oxaliplatin	Cross-link DNA	Hypertension, myocardial ischemia
Antimetabolites	Fluorouracil	Thymidylate synthase	Myocardial ischemia
	Capecitabine	Thymidylate synthase	Myocardial ischemia, arrhythmias
Alkylating agents	Cyclophosphamide	Cross-link DNA	Congestive heart failure, myocarditis, pericarditis
Antimicrotubule agents	Paclitaxel	Microtubule	Arrhythmias (including bradycardia, heart block, premature ventricular contractions, and ventricular tachycardia), thrombosis
	Vinca alkaloids	Microtubule	Myocardial ischemia, coronary spasm
<b>Targeted cancer therapies</b>			
<b>HER2 inhibitors</b>			
HER2 monoclonal antibody	↔ Trastuzumab	HER2	Decline in LVEF, congestive heart failure
Newer HER2 inhibitors	Pertuzumab, trastuzumab emtansine, lapatinib	HER2	Decline in LVEF, congestive heart failure
<b>VEGF signaling pathway inhibitors</b>			
VEGFA monoclonal antibody	Bevacizumab	VEGF receptors (mainly VEGFR2) and other kinases; PDGFR	Hypertension, venous or arterial thromboembolic events, proteinuria, cardiomyopathy
VEGF trap	Aflibercept		
VEGFR2 monoclonal antibody	Ramucirumab		
Tyrosine kinase inhibitor with anti-VEGF activity	Sunitinib, sorafenib, pazopanib, axitinib, vandetanib, regorafenib, cabozantinib, lenvatinib		
<b>Multitargeted tyrosine kinase inhibitors</b>			
	Dasatinib	ABL, ABL mutants (except T315I), and other kinases; SRC, KIT, PDGFR, EGFR, BRAF, DDR1, DDR2, ephrin receptors	Pulmonary hypertension, vascular events, prolongation of QT interval corrected for heart rate
	Nilotinib	ABL, ABL mutants (except T315I), and other kinases; ABL2 (also called ARG), KIT, DDR1, NQO2	Coronary, cerebral, and peripheral vascular events, hyperglycemia, prolongation of QT interval corrected for heart rate
	Ponatinib	ABL, ABL mutants (including T315I), and other kinases; FGFR, VEGFR, PDGFR, ephrin receptors, SRC, KIT, RET, TEK (also called TIE2), FLT3	Coronary, cerebral, and peripheral vascular events
<b>Other multitargeted tyrosine kinase inhibitors</b>			
Anaplastic lymphoma kinase inhibitors	Crizotinib, ceritinib	Anaplastic lymphoma kinase	Bradycardia, prolongation of QT interval corrected for heart rate
PI3K-AKT-mTOR inhibitors†	Everolimus, temsirolimus	PI3K-AKT-mTOR signaling pathway	Cardiometabolic toxic effects, including hypercholesterolemia, hypertriglyceridemia, hyperglycemia
Bruton's tyrosine kinase inhibitors	Ibrutinib	Bruton's tyrosine kinase	Atrial fibrillation, other arrhythmias
MEK inhibitors	Trametinib	MEK1, MEK2	Cardiomyopathy
Immunomodulatory drugs	Thalidomide, lenalidomide, pomalidomide	Lymphoid transcription factors IKZF1 and IKZF3	Venous or arterial thromboembolic events
Proteasome inhibitors	Bortezomib, carfilzomib	Ubiquitin-proteasome system	Cardiomyopathy, hypertension, venous or arterial thromboembolic events, arrhythmia
Immune checkpoint inhibitors	↔ Pembrolizumab, nivolumab	Programmed cell death 1	Myocarditis
	Ipilimumab	CTLA4	Myocarditis

\* CTLA4 denotes cytotoxic T-lymphocyte-associated protein 4, DDR discoidin domain receptor tyrosine kinase, FGFR fibroblast growth factor receptor, FLT3 fms-related tyrosine kinase 3, HER2 human epidermal growth factor receptor 2, IKZF IKAROS family zinc finger, LVEF left ventricular ejection fraction, MEK mitogen-activated protein kinase, mTOR mammalian (or mechanistic) target of rapamycin, NA not applicable, NQO2 NAD(P)H quinone dehydrogenase 2, PDGFR platelet-derived growth factor receptor, PI3K phosphatidylinositol 3-kinase, and VEGF vascular endothelial growth factor.

† Only two drugs targeting the PI3K-AKT-mTOR signaling pathway, everolimus and temsirolimus, which are mTOR complex 1 inhibitors, have been approved by the Food and Drug Administration. Many other inhibitors targeting this signaling pathway are currently in clinical trials.

**TABLE 1 | Anticancer Therapies Associated With Vascular Side Effects.**

Chemotherapy Agents	Adverse Cardiovascular Effects	Possible Mechanism
<b>Antimetabolites</b>		
5-Fluorouracil	Angina, vasospasm, MI, SC	Vasospasm
Capecitabine	Angina, vasospasm, MI, SC	Vasospasm
Gemcitabine	Angina, vasospasm, MI	Vasospasm
<b>Antimicrotubule agents</b>		
Paclitaxel	Angina, vasospasm, MI	Vasospasm
Vinblastine (16, 79)	Angina, MI	Endothelial injury
<b>Monoclonal antibody-based tyrosine kinase inhibitor</b>		
Bevacizumab	Angina, MI, SC	Endothelial injury
<b>Small molecule tyrosine kinase inhibitors</b>		
Sorafenib	Angina, vasospasm, MI	Vasospasm
Sunitinib	Angina, MI, SC	Unknown
<b>BCR-ABL targeted tyrosine-kinase inhibitors</b>		
Nilotinib	Angina, MI, progression of CAD, PAD	Unknown
Ponatinib	Angina, MI, progression of CAD	Unknown
<b>Hormone therapy</b>		
Aromatase inhibitors (anastrozole, letrozole, exemestane)	Angina, MI	Unknown
Gonadotropin-releasing hormone agonists (goserelin)	Angina, MI	Unknown
	Angina, MI, progression of CAD, PAD	Unknown
<b>Radiotherapy</b>		

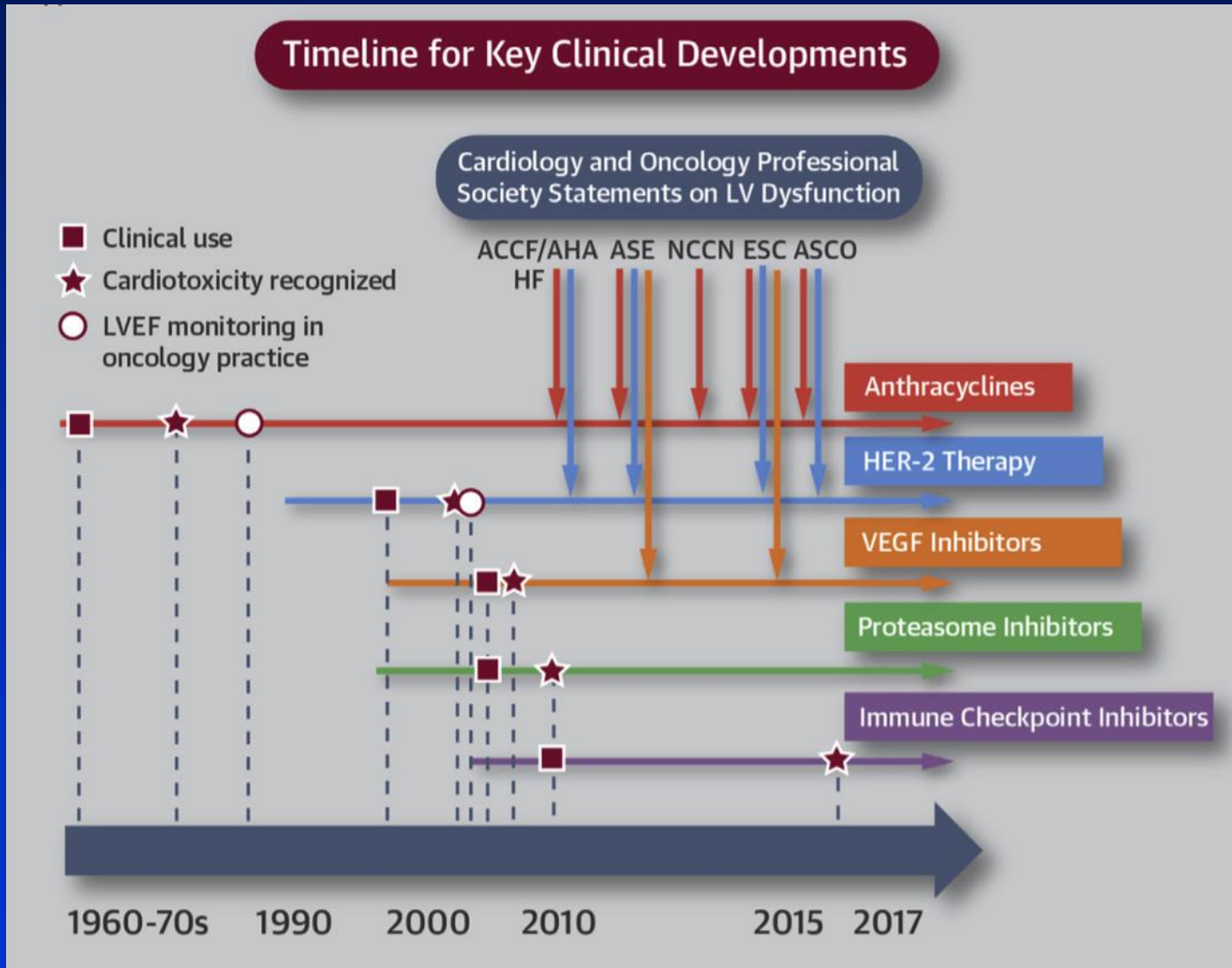
MI indicates myocardial infarction; SC, stress-induced cardiomyopathy; CAD, coronary artery disease; PAD, peripheral artery disease.

Interventional Cardiology. Iliescu et al. Frontiers in CV Medicine May 2018



# 50 year timeline of Cardiotoxicity

2 drug families with echo surveillance recommendations:  
Anthracyclines & Anti HER2s



# Development of Anthracyclines

- **Derived from Italian soil streptomyces near Adriatic Sea**
  - ❖ Area was near home of ancient Dauna tribe
  - ❖ Reddish (ruby) color
  - ❖ Hence names adriamycin, daunorubicin
- **Daunorubicin (Daunomycin) First anthracycline developed**
  - \* ALL, AML
- **Adriamycin (Doxorubicin)**
  - \* Breast, sarcomas, lung, ovarian, lymphoma, Wilms, GI
- **Epirubicin**
  - \* Breast, Gastric, Carcinoid, Ovarian, Esophageal, Soft Sarcoma
- **Idarubicin (4-demethoxyDaunorubicin) : AML**
- **Valrubicin: Bladder**

# Daunomycin\* introduced 1967 with concerns about cardiotoxicity

## DAUNOMYCIN, AN ANTITUMOR ANTIBIOTIC, IN THE TREATMENT OF NEOPLASTIC DISEASE

### *Clinical Evaluation with Special Reference to Childhood Leukemia*

CHARLOTTE TAN, MD, HIDEKO TASAKA, MD, KOU-PING YU, MD, M. LOIS MURPHY, MD, AND  
DAVID A. KARNOFSKY, MD

Cancer 1967;20:333

Daunomycin is a new antibiotic in the anthracycline group obtained from *Streptomyces peucetius*. It consists of a pigmented aglycone (daunomycinone) in glycoside linkage with an amino sugar (daunosamine). Differences in the biological effects of daunomycin, which reacts with DNA, and actinomycin D which complexes with DNA in a different manner to inhibit RNA production, are discussed. The toxic effects of daunomycin are a severe local reaction if the drug extravasates, bone marrow depression resulting in leucopenia, anemia, thrombocytopenia and bleeding, fever, oral ulcers and alopecia. In patients receiving maintenance doses of daunomycin the development of tachypnea, tachycardia pulmonary insufficiency, heart failure and hypotension possibly is associated with daunomycin but the evidence is unclear. Sixty per cent of children with leukemia obtained brief complete or partial hematological remissions from a single course of daunomycin. The remission could be prolonged by maintenance therapy. Daunomycin is temporarily effective in some cases of neuroblastoma, reticulum cell sarcoma and rhabdomyosarcoma.

1967: 60% tumor response was major breakthrough in ALL  
Cardiotoxicity: “The Evidence is Unclear”

\*Daunomycin=Daunorubicin

# 1973: 1<sup>st</sup> focused report on anthracycline cardiotoxicity

Pathology accurate, Safe dose overestimated

- 399 treated patients, 11 acute HF, 8 deaths all within 3 weeks of onset of HF
- Dose Dependent: 0.27% HF <550mg/M<sup>2</sup>BSA, 30%>550
- EKG: Loss of voltage, CXR: Pulmonary edema, *No Echoes*,  
Microscopy: Cardiomyocyte vacuolization
- Safe dose <500mg/m<sup>2</sup>BSA

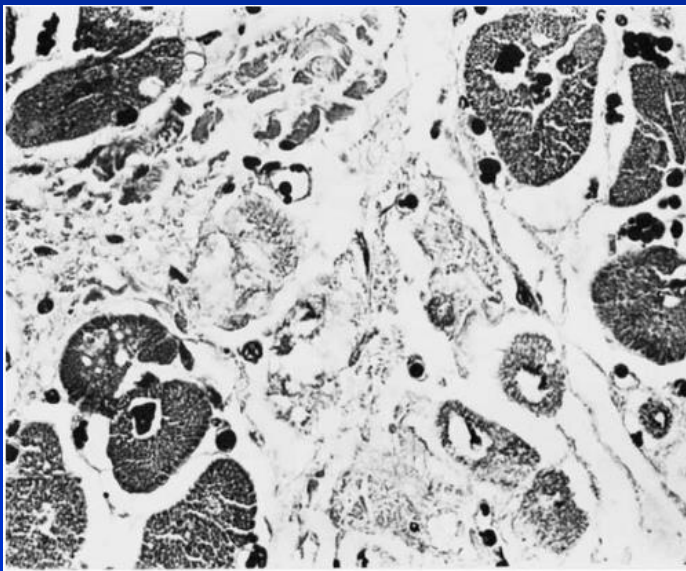
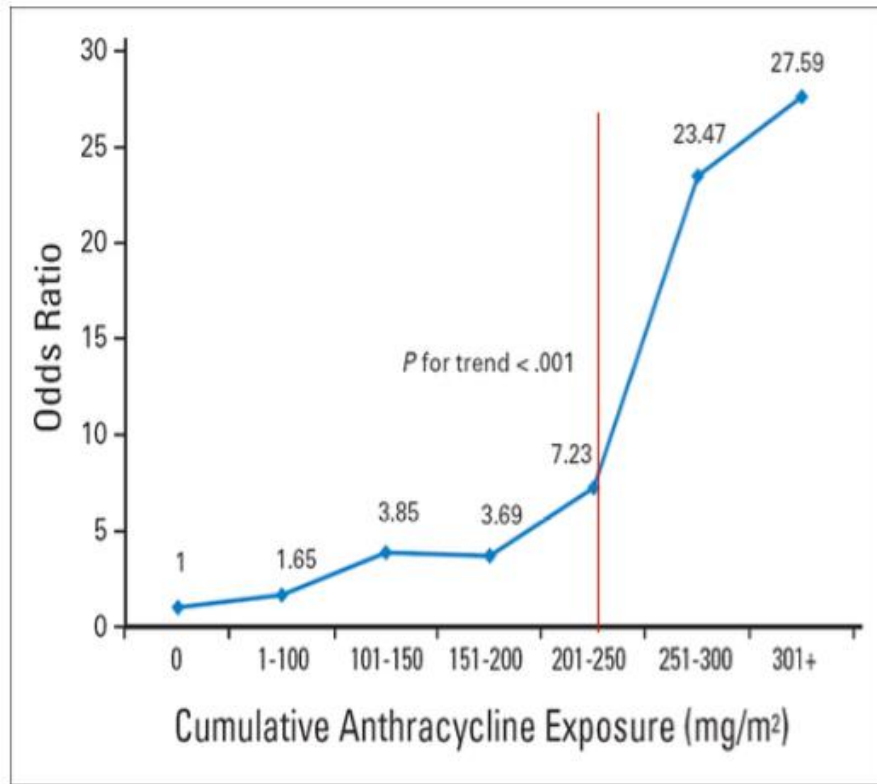


TABLE 2. Relationship between the Total Dose of Adriamycin Administered and the Incidence of Subsequent Congestive Heart Failure

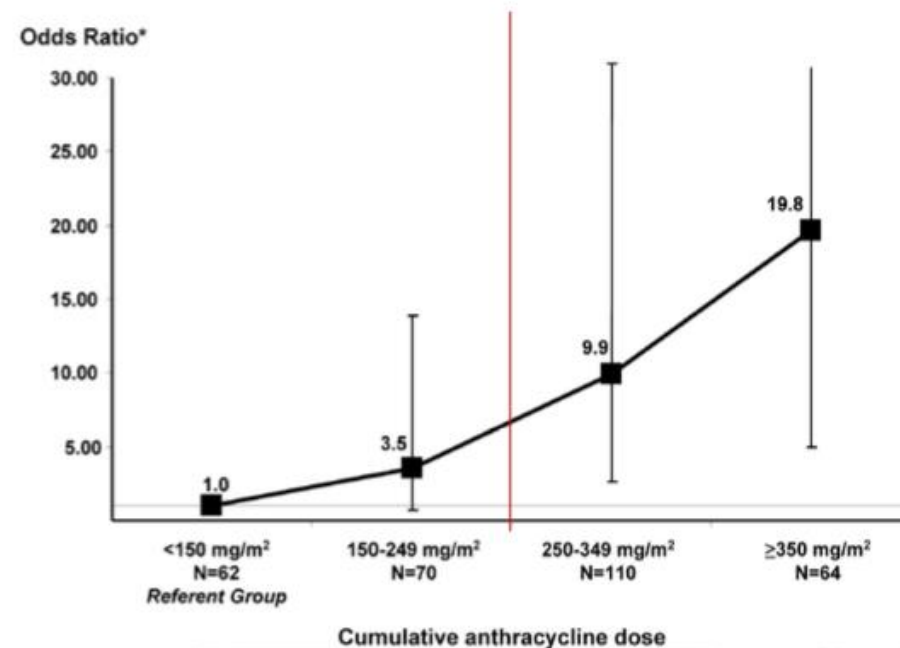
Total cumulative dose of adriamycin (mg/m <sup>2</sup> )	No. patients	Congestive heart failure developed
Less than 450	327	0
451-500	16	0
501-550	23	1
551-600	11	2
More than 601	22	8
<b>TOTAL</b>	<b>399</b>	<b>11</b>

# 2019: Dose Dependent HF risk

## 150, 250, 350 mg/M<sup>2</sup> BSA thresholds



Blanco JG, et al. *J Clin Oncol.* 2012; 30(13):1415-21

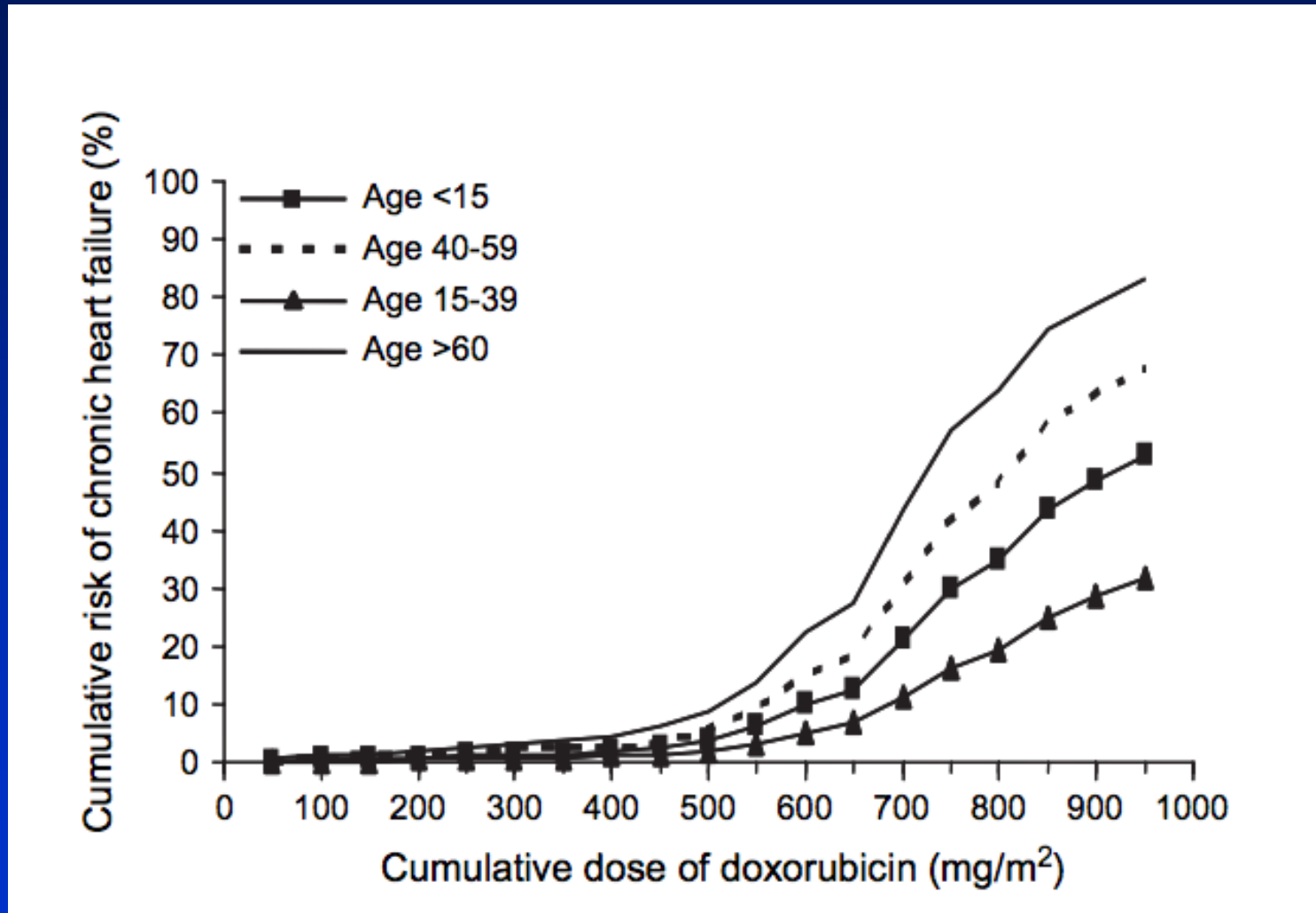


Armenian S, et al. *Blood.* 2011; 118(23)



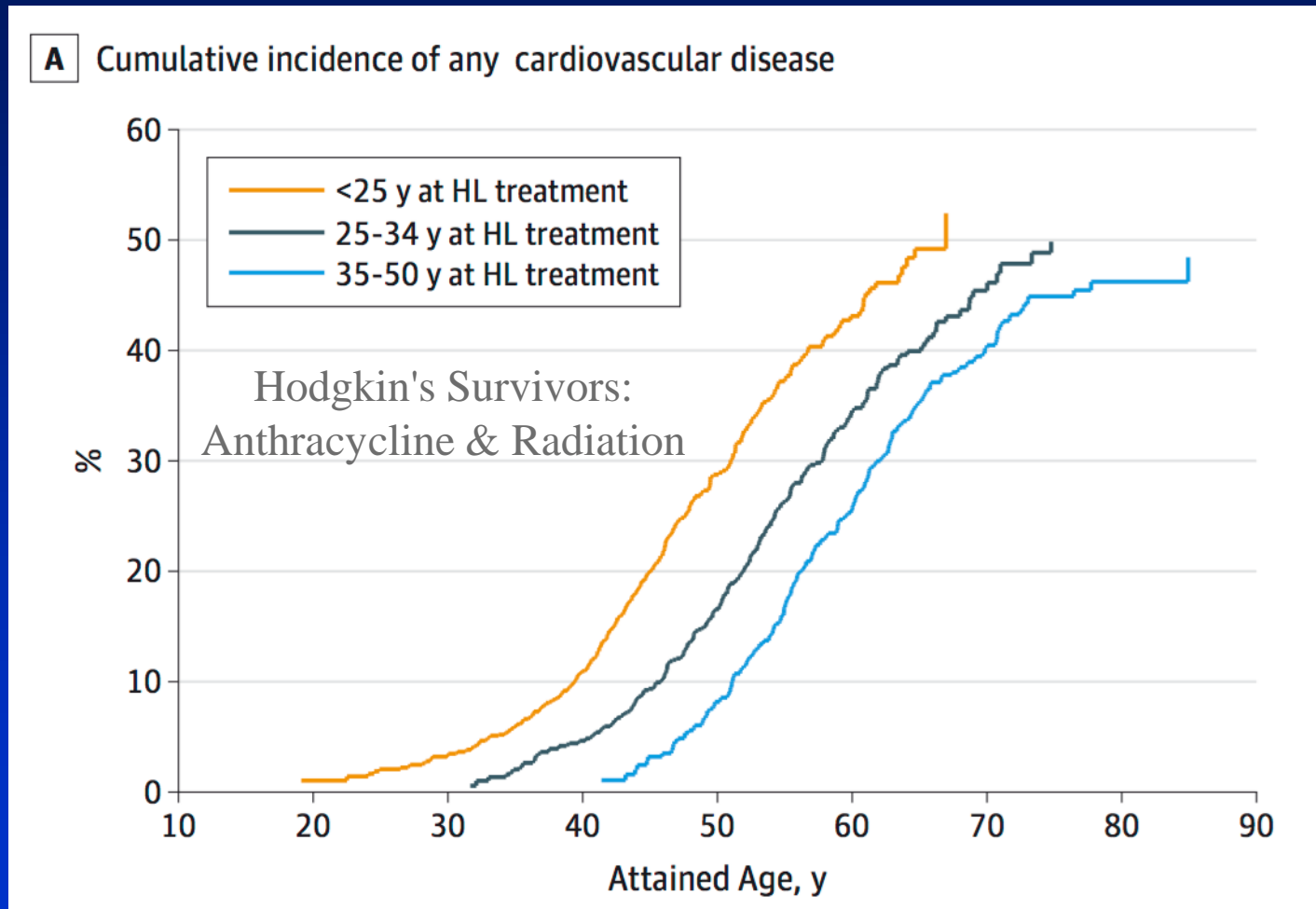
**There is no safe therapeutic dose of Adriamycin**  
**Liposomal or pegylated liposomal doxorubicin somewhat less toxic**  
**Varying infusion rate or dose frequency used to mitigate toxicity**

# 1979: Advancing age at treatment increases HF risk

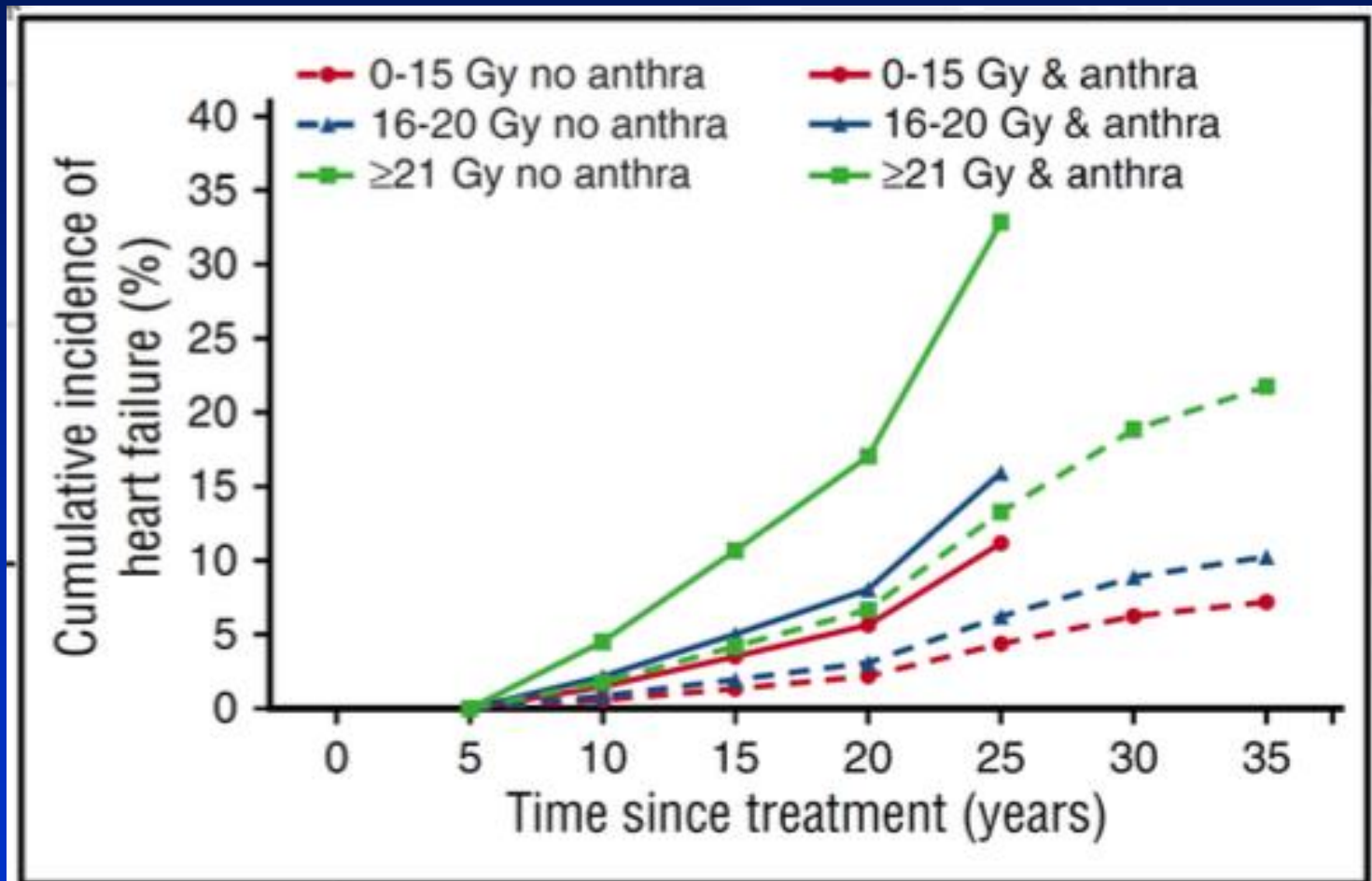


VonHoff et al Annals Int Med 1979; 91: 710

# 2015: Younger age at treatment: *Longer latency, similar CVD risk curves*



# Radiation dose amplifies anthracycline risk

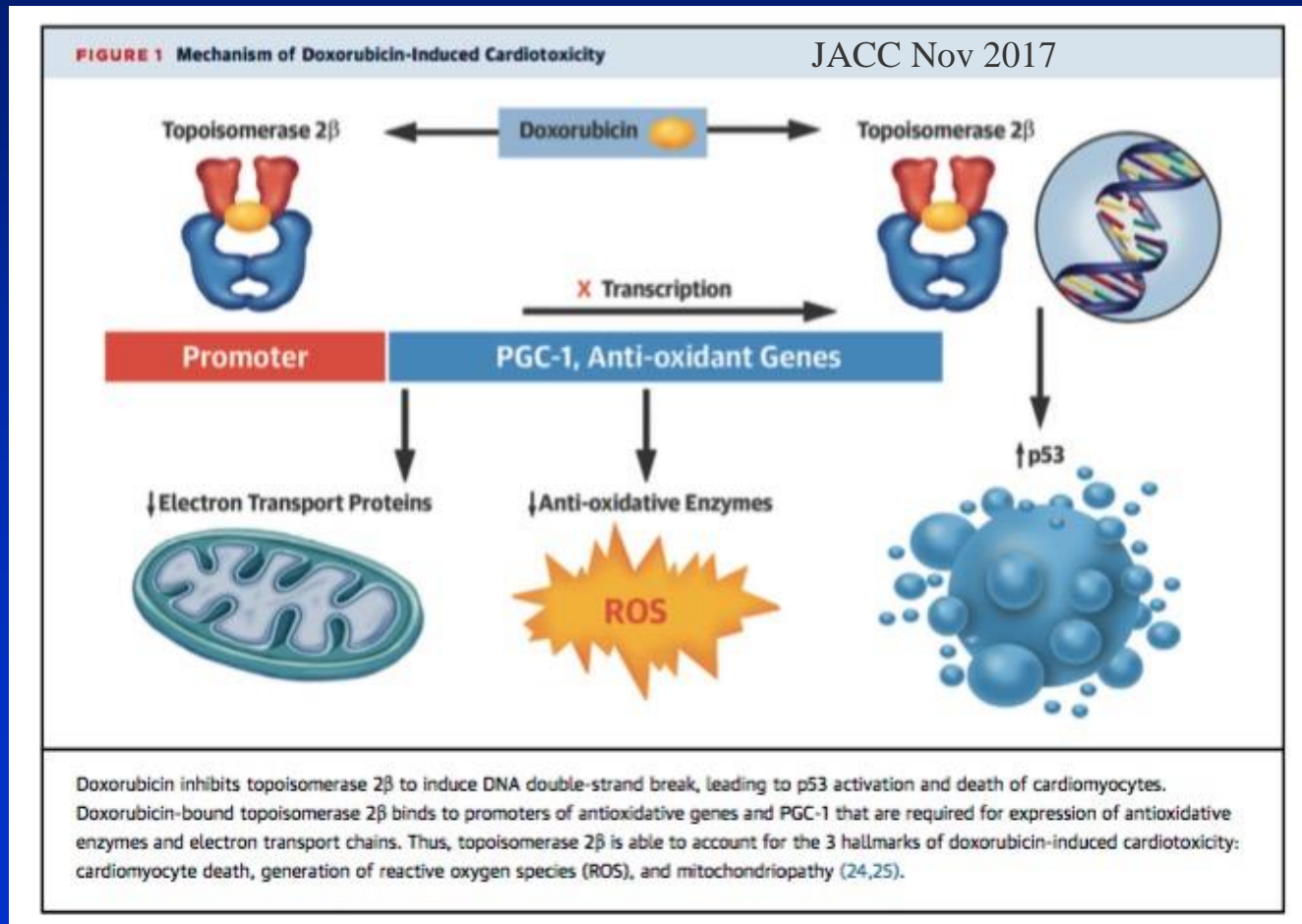


Van Nimwegen FA et al. *Blood*. 2017 Apr 20;129(16):2257-2265 | 16



# Dexrazoxane: Specific inhibition of anthracycline effect on Topoisomerase 2 $\beta$

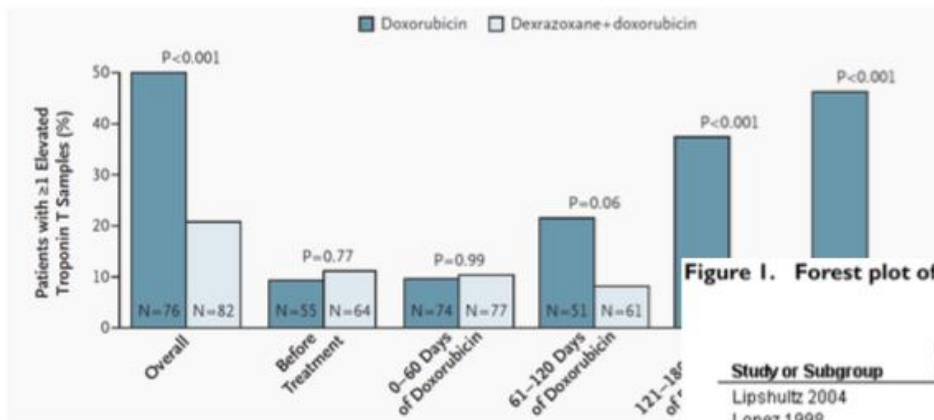
- Anthracyclines inhibit Topoisomerase 2 $\alpha$  in cancer cells & inhibit Topoisomerase 2 $\beta$  in cardiomyocytes causing DNA breaks, ROS generation and mitochondria inhibition
- Dexrazoxane inhibits Top2 $\beta$  to protect myocardial cells with no effect on Top2 $\alpha$  in cancer cells



# Dexrazoxane prevents anthracycline cardiotoxicity in childhood ALL

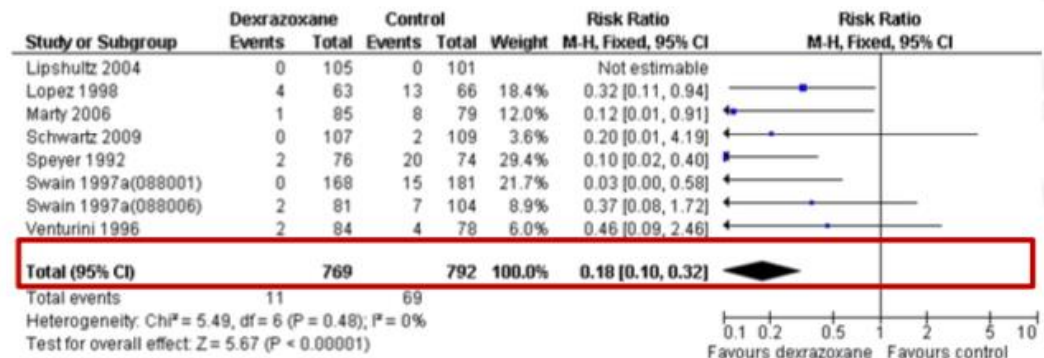
## Cardioprotectants: *Dexrazoxane*

The Effect of Dexrazoxane on Myocardial Injury in Doxorubicin-Treated Children with Acute Lymphoblastic Leukemia *N Engl J Med* 2004;351:145-53.

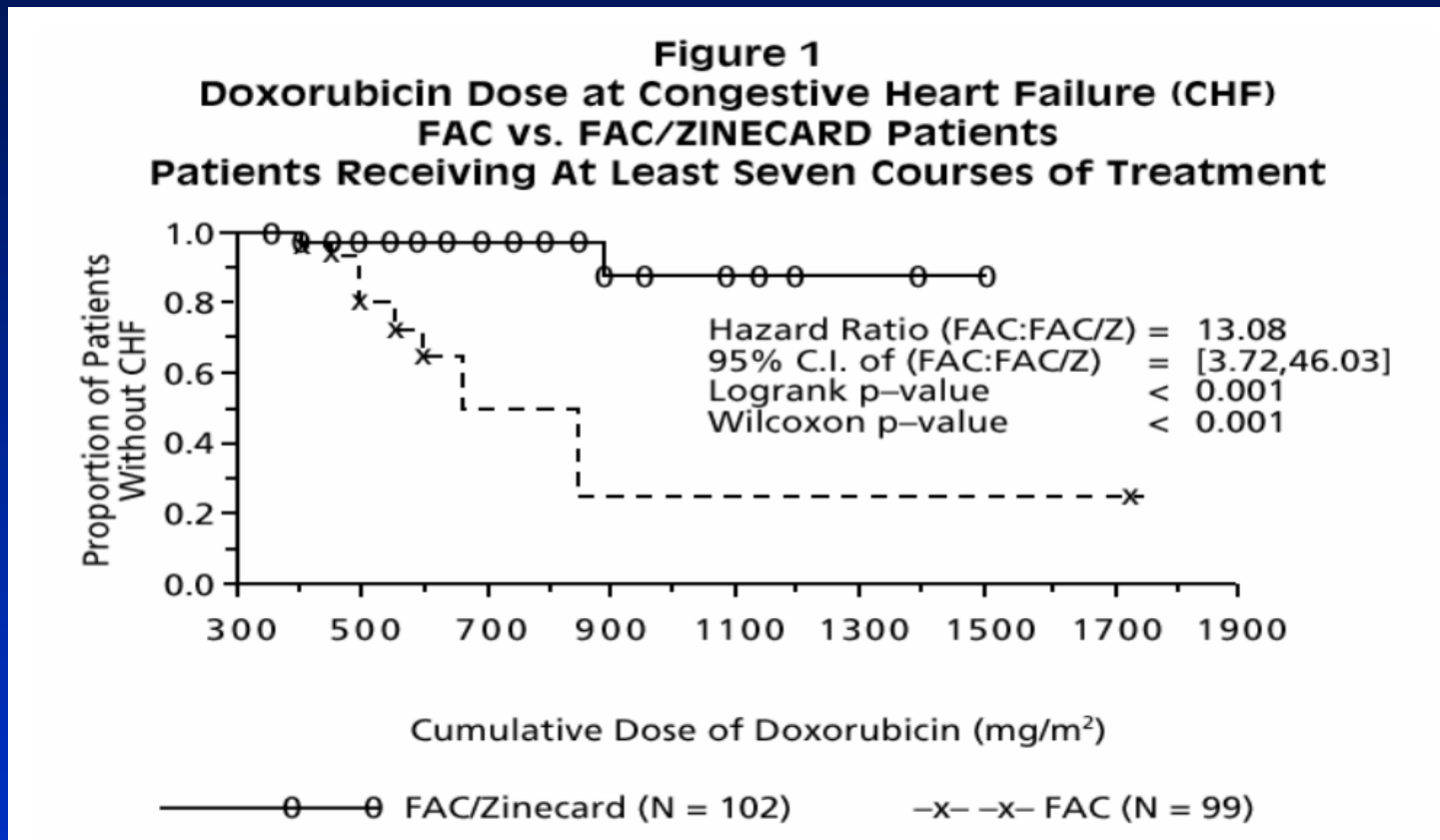


Citation: van Dalen EC, Caron HN, Dickinson HO, Kremer LCM. Anthracycline-induced cardiotoxicity in children with acute lymphoblastic leukemia. *Cochrane Database of Systematic Reviews* 2011, Issue 6. Art. ID: CD007581.

Figure 1. Forest plot of comparison: 1 Dexrazoxane versus no dexrazoxane / placebo, outcome: 1.1 Congestive heart failure.



# Dexrazoxane FDA approved for metastatic breast cancer with advancing dose of adriamycin >300 mg/m<sup>2</sup>



ZINECARD is indicated for reducing the incidence and severity of cardiomyopathy associated with doxorubicin administration in women with metastatic breast cancer who have received a cumulative doxorubicin dose of 300 mg/m<sup>2</sup> and who will continue to receive doxorubicin therapy to maintain tumor control. It is not recommended for use with the initiation of doxorubicin therapy

# **Anthracycline therapy with preexisting LV dysfunction**

- **Absence of anthracyclines reduces response and survival likelihoods in Lymphomas, acute Leukemias**
- **No randomized trials or guidelines for anthracycline therapy with preexisting LV systolic dysfunction**

# Case series in 2019: Upfront Dexrazoxane + doxorubicin: “Dex-Dox” with baseline LV dysfunction

Ganatra et al. *Cardio-Oncology* (2019) 5:1  
<https://doi.org/10.1186/s40959-019-0036-7>

Cardio-Oncology

RESEARCH

Open Access



Upfront dexrazoxane for the reduction of anthracycline-induced cardiotoxicity in adults with preexisting cardiomyopathy and cancer: a consecutive case series

Sarju Ganatra<sup>1,2,3\*</sup>, Anju Nohria<sup>3</sup>, Sachin Shah<sup>2</sup>, John D. Groarke<sup>3</sup>, Ajay Sharma<sup>2</sup>, David Venesy<sup>2</sup>, Richard Patten<sup>2</sup>, Krishna Gunturu<sup>4,5</sup>, Corrine Zarwan<sup>4</sup>, Tomas G. Neilan<sup>6</sup>, Ana Barac<sup>7</sup>, Salim S. Hayek<sup>8</sup>, Sourbha Dani<sup>9</sup>, Shantanu Solanki<sup>10</sup>, Syed Saad Mahmood<sup>11</sup> and Steven E. Lipshultz<sup>12</sup>

All patients stable on max tolerated GDMT Stage B or C heart failure

Prior to Dexrazoxane protocol:

3 patients,  $\overline{76}$  years,

$\overline{EF}$  42.5%

Dexrazoxane protocol before each dose anthracycline:

5 patients,  $\overline{70.6}$  years

$\overline{EF}$  39%, 1 w/ ICD baseline

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*Cardio-Oncology*

CrossMark

Outcomes without Dexrazoxane:  
 $\overline{\text{EF}}$  18% p treatment (Baseline  $\overline{42\%}$ )  
 All 3 admitted with ADHF, 2 died

Outcomes with Dexrazoxane:  
 All completed planned chemo 280-300mg/m<sup>2</sup>  
 No decompensated HF or marker abnormality  
 $\overline{\text{EF}}$  34% post treatment (Baseline  $\overline{39\%}$ )  
 All alive 12-30 months: 4 complete 1 partial remission

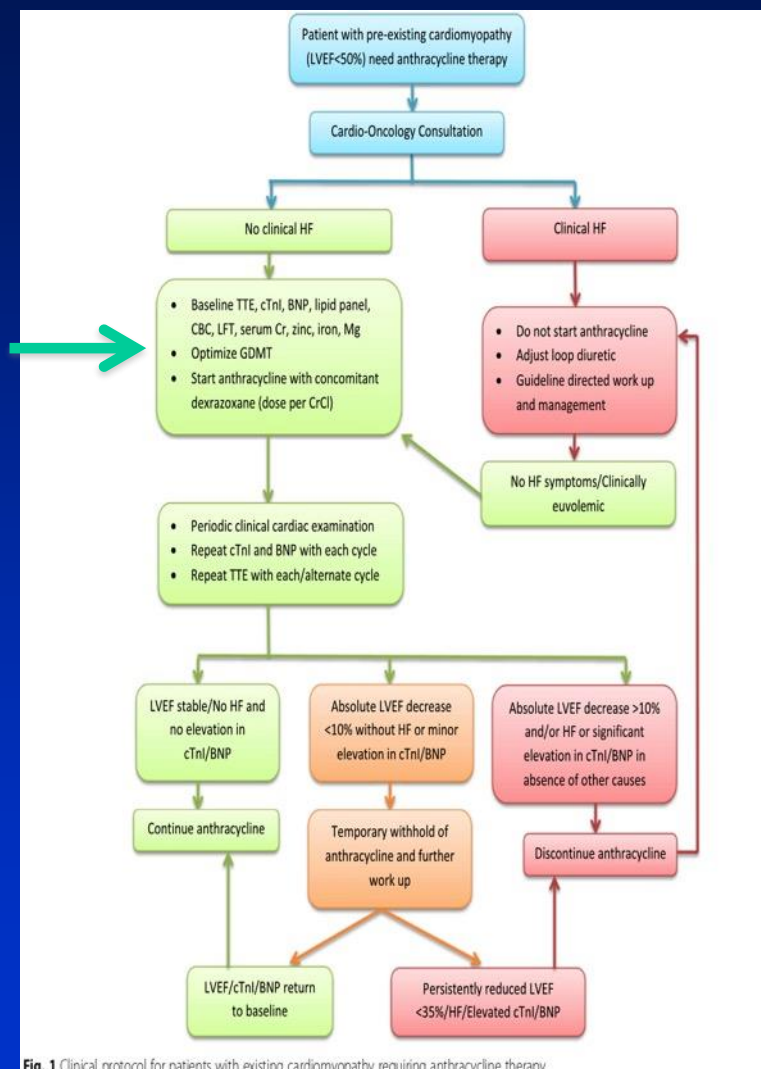
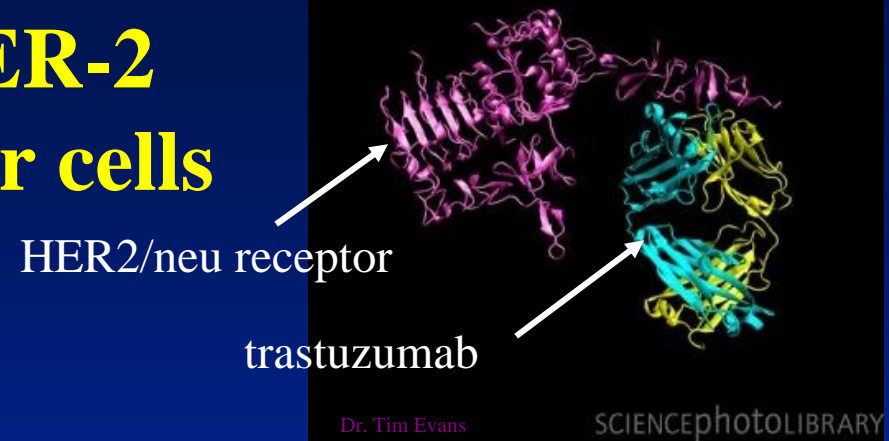


Fig. 1 Clinical protocol for patients with existing cardiomyopathy requiring anthracycline therapy.

# Summary: Preventing & treating Adriamycin Cardiotoxicity

- **First Objective: Treat Curable Cancer with full front line chemotherapy**
- **No clinically relevant cardioprotection from ACEI/ARB or Beta Blocker with normal EF**
- **Baseline EF reduction commonly deters use of adria**
  - **HFrEF meds if EF reduced**
  - **Dexrazoxane up-front promising but off label**
- **Abnormalities in diastolic function or strain should not stop cancer treatment**
  - ❖ **No proof that interventions have merit but cardio-protection possibly beneficial**

# Trastuzumab-First in class antibody targeting HER-2 receptor in breast cancer cells



## ➤ Rapidly developed science

- ❖ 1987: c-erbB-2c gene described that codes for **Human Epidermal growth factor Receptor protein 2 (HER2)** with intracellular tyrosine kinase activity
- ❖ 25% breast cancer patients HER2/neu+
- ❖ Earliest trials: Significant reduction in mortality with metastatic breast cancer in HER2+ patients
- ❖ 1998: trastuzumab (Herceptin) FDA approved as HER2/neu receptor blocker in metastatic breast cancer

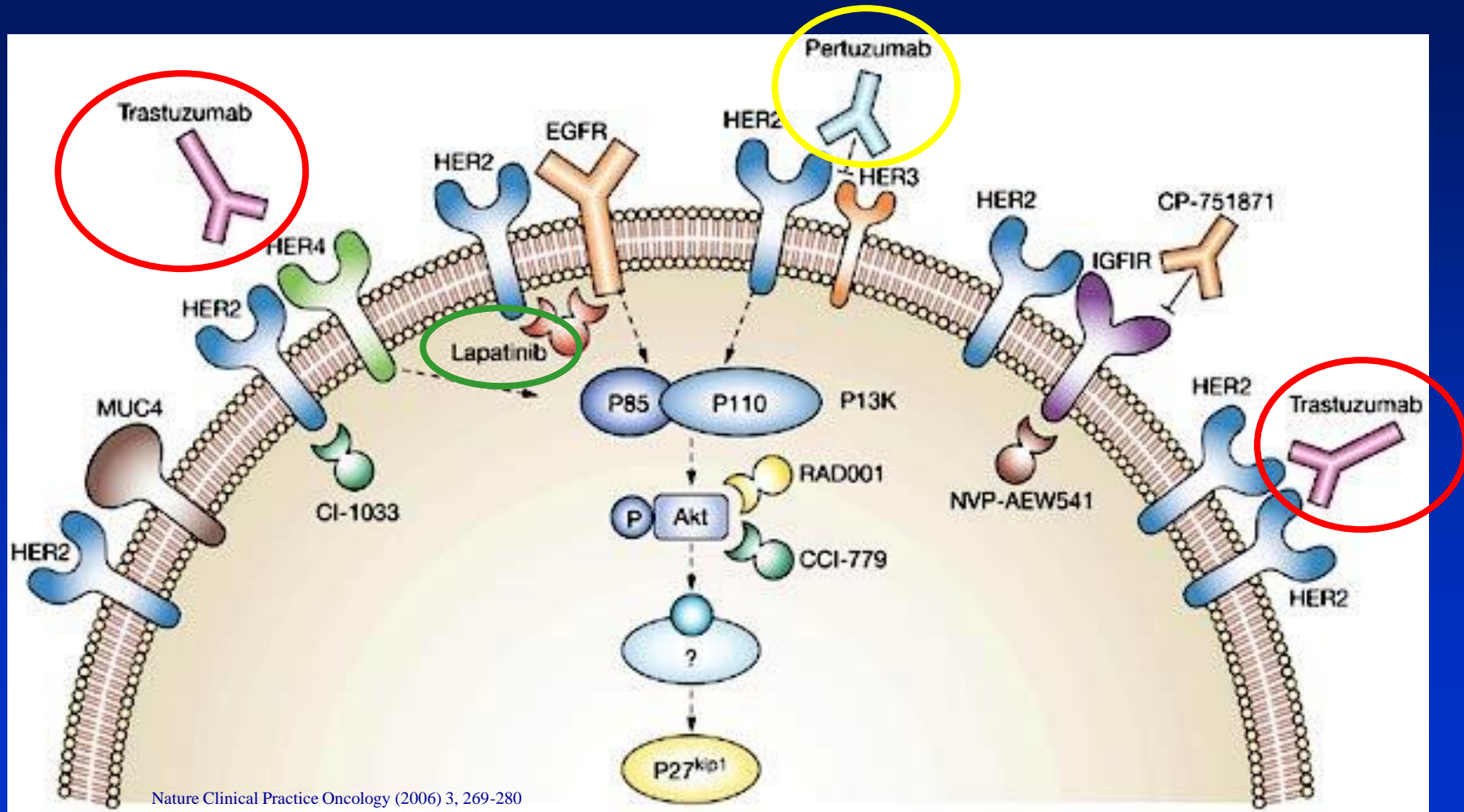


# **Herceptin now approved for HER2 positive breast cancer or metastatic gastric cancer**

- **September, 1998: HER2 overexpressing Metastatic Breast Cancer (MBC)**
- **October, 2006 HER2 overexpressing node positive or node negative (ER/PR negative or with one high risk feature) non-MBC**
- **October, 2010: Initial therapy for HER2 overexpressing metastatic gastric or gastroesophageal junction adenocarcinoma**

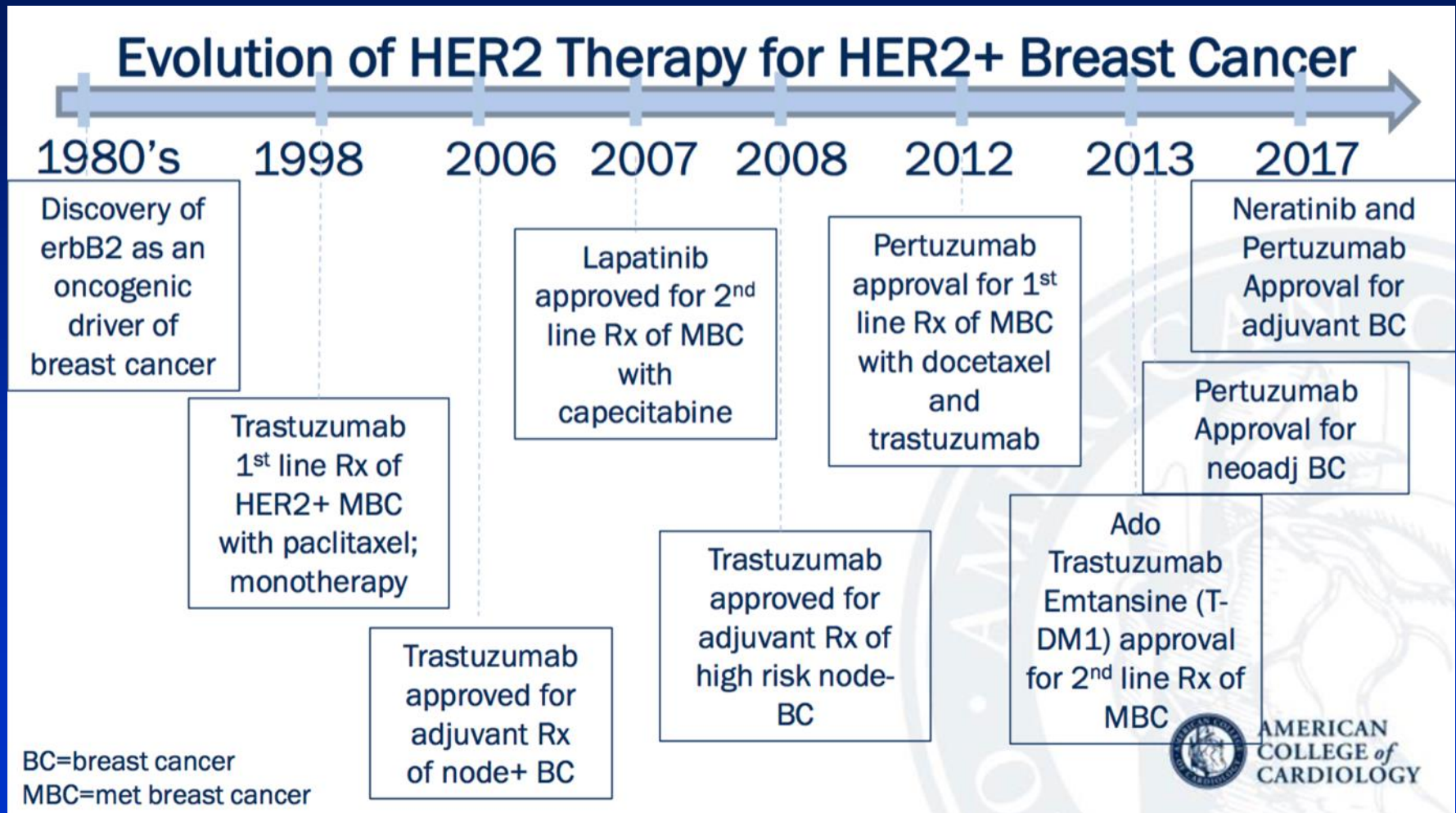
# Multiple drugs target HER subtypes

Trastuzumab is prototype, Lapatinib 2<sup>nd</sup> entry,  
Pertuzumab, Kadcylla later to market



Anti tumor efficacies and cardiotoxicities may vary among anti HER2 agents

# 20 year evolution of HER2 based therapies

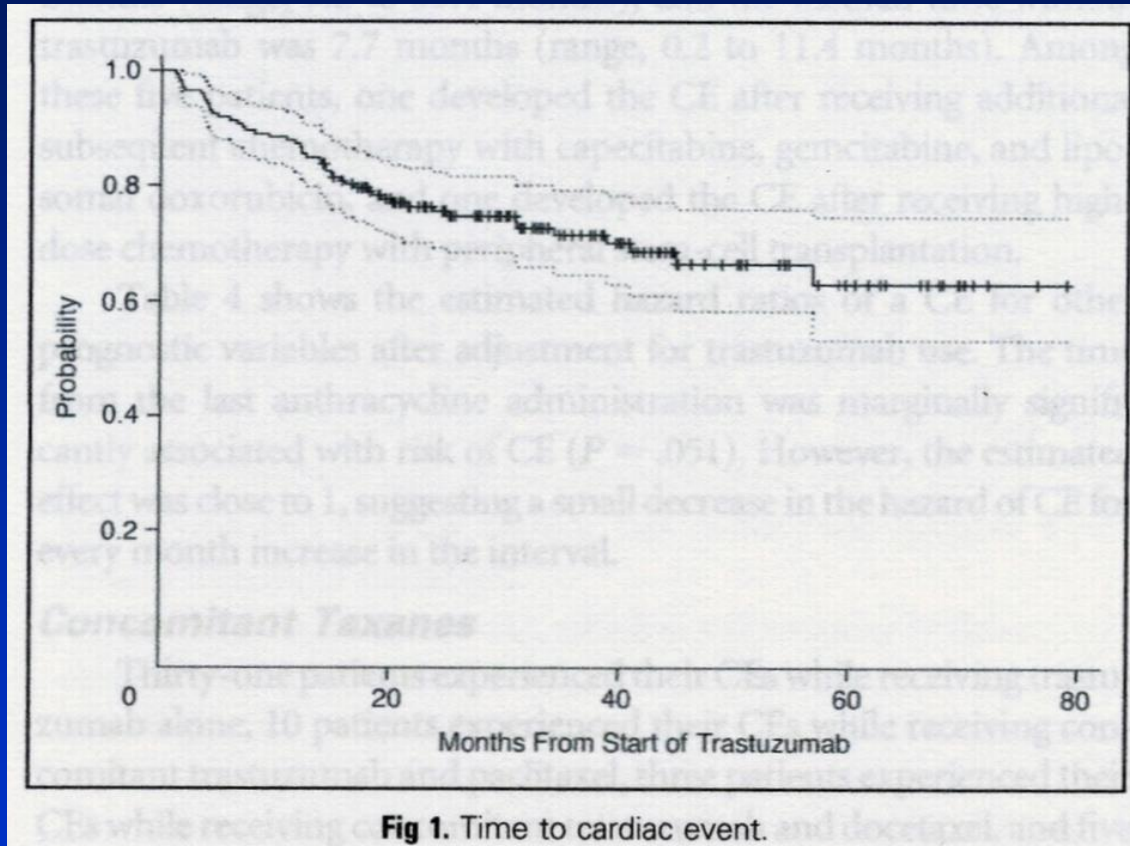


# Trastuzumab cardiac toxicity

## Early Trials: Trastuzumab

- 5% develop findings LV dysfunction
- 1% develop symptomatic heart failure
- Enhanced by concurrent anthracyclines
  - ❖ Concurrent anthracycline & trastuzumab contraindicated
- Not dose dependent
- Frequently reversible
- No clinical issues with HFpEF or diastolic dysfunction

# Time course of CV events with trastuzumab

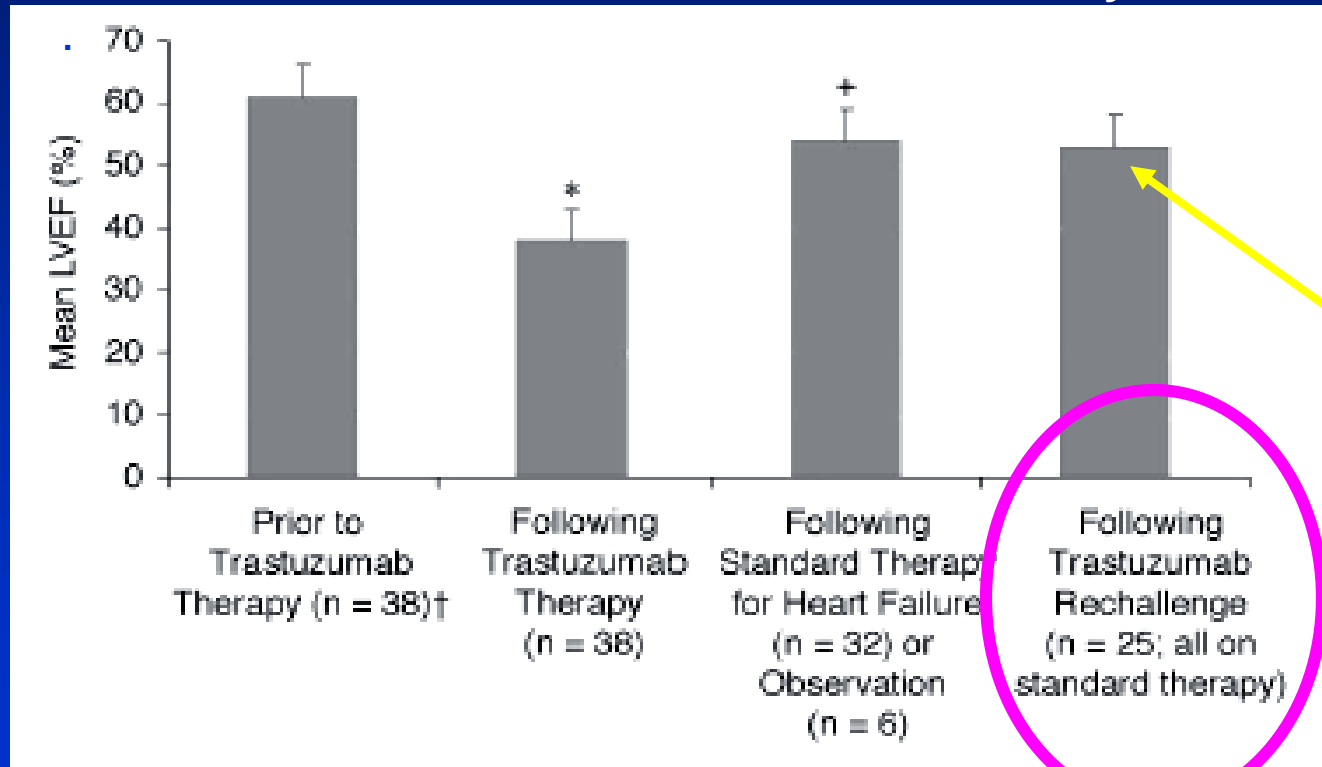


- No early peak
- Plateau seen at approximately 40 months
- Predictors of CV Event
  - ❖ Baseline EF
  - ❖ Concurrent Taxane therapy

# Significant reversibility reported with trastuzumab related cardiac toxicity

*resumption of trastuzumab tolerated*

MD Anderson experience 38 patients post anthracycline  
Referred for trastuzumab related cardiotoxicity



**25/38** retreated after HF Rx

**22/25** without recurrent LV dysfunction

❖ EF rise sustained

**3/25** recurrent LV dysfx

**13/38**

No further trastuzumab

❖ 7-HF Rx

❖ 6-No HF Rx

❖ 13/13 No further events

# Reversibility of trastuzumab cardiotoxicity not universal

## ➤ Major adjuvant trastuzumab trials

### ❖ NSABP B-31

\*4.1% severe CHF, 2/3 Rx chronically for HF,  
71% w/ persisting reduction EF

\*14% trastuzumab DC'd d/t decline LVEF

### ❖ BCIRG 006

\*17.3% w/ > 10% decline EF vs baseline

\*26% w/ persisting decline EF at 6 weeks off  
trastuzumab

❖ NCCTG: 29% w/ EF drop persisted at 6 months

❖ FinHER-No CHF or EF drop > 10% after 9 weeks  
trastuzumab

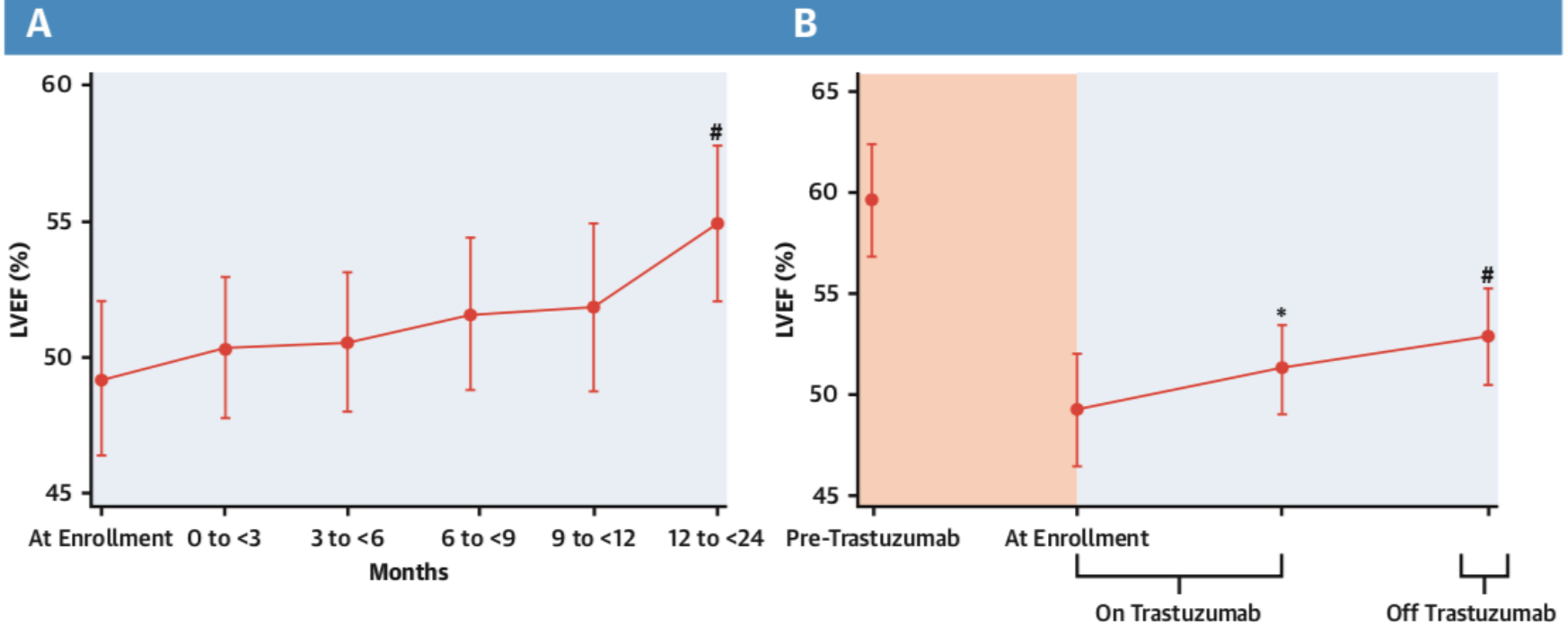
# **KU Cardio-oncology approach from 2007**

- **Balance risk of heart failure with risk of death from breast cancer is Cardiology/Oncology collaboration**
- **Advanced heart failure reported in early series with little active cardiology input**
- **KUH approach 2007 EF<50%: pause Herceptin , add beta blocker and ACEI inhibitor, resume at 6 weeks if echo stable or improved**
  - ❖ **Advance carvedilol first, then ACEI if BP tolerates**
  - ❖ **Monitor BNP's, clinical status but EF primary endpoint**
  - ❖ **~2014, +/- herceptin pause while adding HFrEF Rx**



# SCHOLAR Trial supports KU Herceptin continuation approach

Initiation of ACEI &/or BB If EF drop >15% or to below 50%  
Open label, single arm trial



Leong, D.P. et al. J Am Coll Cardiol CardioOnc. 2019;1(1):1-10.

(A) Left ventricular ejection fraction (LVEF) progressively increased despite ongoing trastuzumab in individuals with mild trastuzumab cardiotoxicity when trastuzumab was accompanied by the administration of an angiotensin-converting enzyme inhibitor or angiotensin receptor blocker and/or a beta-blocker. #p < 0.001 as compared with the enrollment left ventricular ejection fraction indicating significant improvement in left ventricular ejection fraction as compared with the left ventricular

18/20 completed therapy, no treatment > 1 year for metastatic disease

# Surveillance & management trastuzumab toxicity

- **Package insert: Quarterly echoes recommended**
  - ❖ **Limited yield for MBC patients on chronic Trastuzumab**
    - ★ **Less frequent if stable normal EF no prior toxicities:**
- **Aggressive risk factor management to minimize CVD**
- **ACEI/Beta blocker for decline in EF >10% esp if below LLN**
  - ❖ **Variability in EF problematic**
  - ❖ **Markers, LV strain decline may be helpful in identifying high risk**
    - ★ **Markers, Strain, diastolic dysfunction don't warrant DC Herceptin**
  - ❖ **Patients favor effective cancer therapy over total heart protection**
- **Interruption of therapy with EF >40% not mandatory**
  - ❖ **Prolonged Herceptin for metastatic breast cancer feasible**

**Immune Checkpoint Inhibitors:**  
**High profile targeted Cancer therapy**  
**High impact cardiotoxicity**

# Immune Checkpoint Inhibitors in the spotlight

December, 2015: Pembrolizumab pardons a president with metastatic melanoma

## Understanding Jimmy Carter's Surprise Cancer Turnaround: A Conversation with Jedd Wolchok



By Matthew Tontono, Wednesday, December 9, 2015



Former President Jimmy Carter announced this week that he is "cancer free" after receiving treatment for advanced melanoma. Photo Credit: The Carter Center.

### Summary

Jimmy Carter announced this week he is free of melanoma. In addition to surgery and radiation, Mr. Carter was treated with a new immunotherapy drug called pembrolizumab. Combining immunotherapies with other treatments may improve outcomes for some patients.

### Highlights

- Melanoma is a type of skin cancer that can spread to other organs, including the brain.
- Immunotherapy drugs like the one Mr. Carter received are offering new hope to patients with metastatic melanoma.
- Combination treatments may improve outcomes for some patients.

DTC advertising: Longer life spans with nivolumab for relapsed non-small Cell lung cancer



May 2019: President Carter fractures hip while Turkey hunting, Home after surgery


2018 Nobel Prize in Medicine awarded to 2 developers of immunotherapy as cancer treatment

# Immune Checkpoint Inhibitors (ICI)

2011: 1<sup>st</sup> FDA approved ICI-Ipilimumab for Melanoma

2019: Multiple drugs & indications

## U.S. FDA Approved Immune-Checkpoint Inhibitors



**Squamous Cell Head & Neck Cancer**  
1L nivolumab after platinum chemotherapy  
1L pembrolizumab after platinum chemotherapy

**Malignant Melanoma**  
Adj./1L ipilimumab  
1L nivolumab ± ipilimumab  
Adj. nivolumab  
1L pembrolizumab

**Merkel Cell Carcinoma**  
2L avelumab

**Hepatocellular Carcinoma**  
2L nivolumab after sorafenib

**Adv. Renal Cell Carcinoma**  
2L nivolumab after anti-angiogenic therapy

**Locally Adv. or Met. Urothelial Cancer**  
1L nivolumab after platinum chemotherapy  
1L pembrolizumab after platinum chemotherapy  
or in platinum-ineligible patients  
1/L atezolizumab after platinum chemotherapy  
1L avelumab after platinum chemotherapy  
1L durvalumab after platinum chemotherapy  
Figure: medi-paper.com

**Non-Small Cell Lung Cancer**  
1L pembrolizumab TPS≥50%  
1L pembrolizumab +pemetrexed/carboplatin  
in non-squamous NSCLC  
2L pembrolizumab TPS≥1%  
2L nivolumab  
2L atezolizumab NSCLC  
Maintenance durvalumab after chemoradiation

**Gastric & GEJ Carcinoma**  
3L pembrolizumab after fluoropyrimidine- and  
platinum-CTx +/- HER2 therapy & CPS≥1

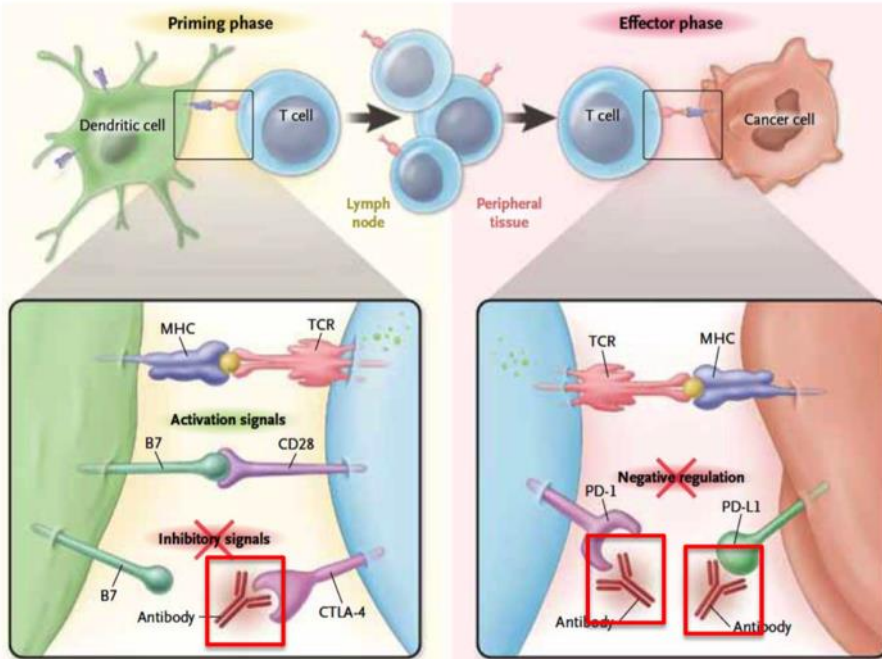
**Classical Hodgkin Lymphoma**  
4L pembrolizumab  
3L nivolumab after auto-HSCT and BV  
4L nivolumab and after auto-HSCT

**MSI-H or dMMR Cancers**  
2L nivolumab in CRC after FOLFOXIRI  
2L pembrolizumab in CRC after FOLFOXIRI  
2L pembrolizumab in any MSI-H/dMMR cancer

March 8, 2019 FDA approves atezolizumab for triple Neg Stage II or IV Breast Ca

# Immune Checkpoint Inhibition (ICI): Multifaceted facilitation of natural immune response to tumors

## Targeting Immune Checkpoints for Cancer Treatment



- **CTLA-4 Inhibitors**

- Ipilimumab (Yervoy)

- **PD-1 Inhibitors**

- Nivolumab (Opdivo)
- Pembrolizumab (Keytruda)

- **PDL-1 Inhibitors**

- Atezolizumab (Tecentriq)
- Durvalumab (FDA breakthrough designation)

- **Combination Therapy**

### Dual Checkpoint Inhibition

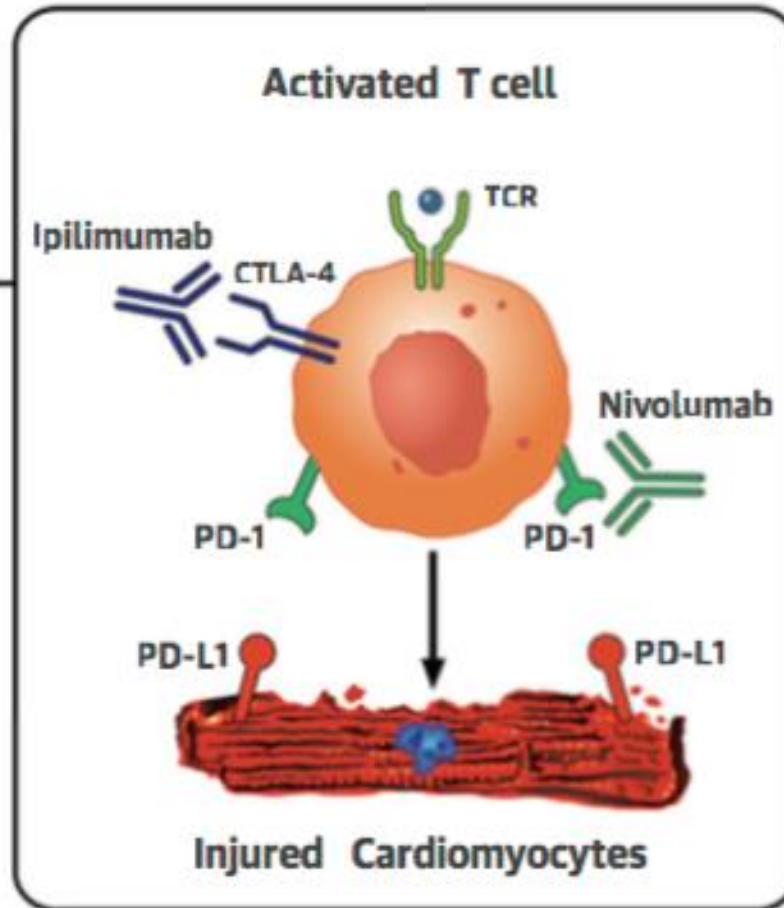
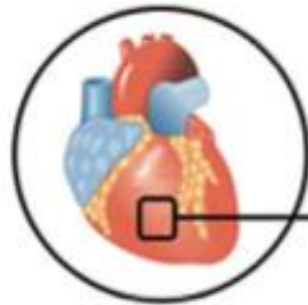
- More effective
- More Toxicity
- Common combination
  - CTLA -4
  - PD-1

Adapted from Ribas A. *New England Journal of Medicine*, 2012.

# Autoimmune reaction against many tissues

## Myocarditis mechanism?: Activated T Cells attack Cardiomyocytes with PD-L1, shared tumor antigens

C



Tocchetti et al JACC March 2018;71:1765

# Fatal Myocarditis

## Dual Checkpoint inhibition therapy

### Ipilimumab & Nivolumab

Initial report of two fatal cases NEJM Nov 2016

#### BRIEF REPORT

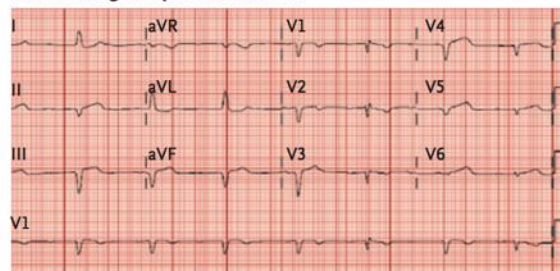
### Fulminant Myocarditis with Combination Immune Checkpoint Blockade

Douglas B. Johnson, M.D., Justin M. Balko, Pharm.D., Ph.D., Margaret L. Compton, M.D., Spyridon Chalkias, M.D., Joshua Gorham, B.A., Yaomin Xu, Ph.D., Mellissa Hicks, Ph.D., Igor Puzanov, M.D., Matthew R. Alexander, M.D., Ph.D., Tyler L. Bloomer, M.D., Jason R. Becker, M.D., David A. Slosky, M.D., Elizabeth J. Phillips, M.D., Mark A. Pilkinton, M.D., Ph.D., Laura Craig-Owens, M.D., Nina Kola, M.D., Gregory Plautz, M.D., Daniel S. Reshef, M.D., M.P.H., Ph.D., Jonathan S. Deutsch, M.D., Raquel P. Deering, Ph.D., Benjamin A. Olenchock, M.D., Ph.D., Andrew H. Lichtman, M.D., Dan M. Roden, M.D., Christine E. Seidman, M.D., Igor J. Koralnik, M.D., Jonathan G. Seidman, Ph.D., Robert D. Hoffman, M.D., Ph.D., Janis M. Taube, M.D., Luis A. Diaz, Jr., M.D., Robert A. Anders, M.D., Jeffrey A. Sosman, M.D., and Javid J. Moselehi, M.D.

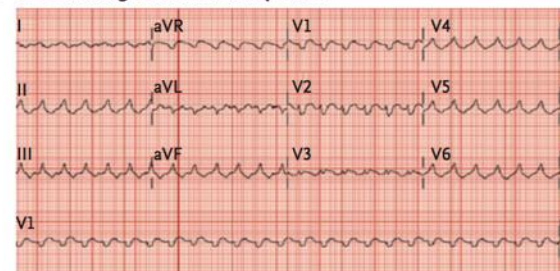
#### SUMMARY

Immune checkpoint inhibitors have improved clinical outcomes associated with numerous cancers, but high-grade, immune-related adverse events can occur, particularly with combination immunotherapy. We report the cases of two patients with melanoma in whom fatal myocarditis developed after treatment with ipilimumab and nivolumab. In both patients, there was development of myositis with rhabdomyolysis, early progressive and refractory cardiac electrical instability, and myocarditis with a robust presence of T-cell and macrophage infiltrates. Selective clonal T-cell populations infiltrating the myocardium were identical to those present in tumors and skeletal muscle. Pharmacovigilance studies show that myocarditis occurred in 0.27% of patients treated with a combination of ipilimumab and nivolumab, which suggests that our patients were having a rare, potentially fatal, T-cell-driven drug reaction. (Funded by Vanderbilt-Ingram Cancer Center Ambassadors and others.)

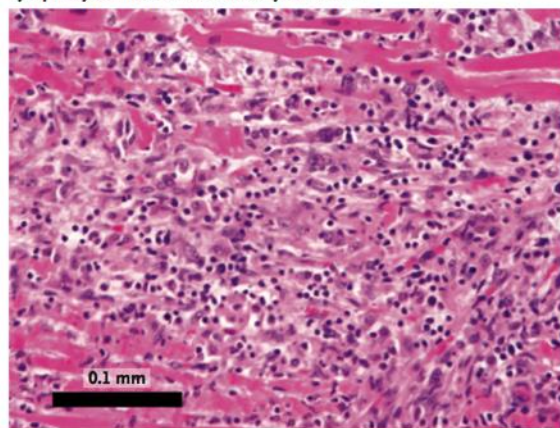
**A ECG Showing Complete Heart Block**



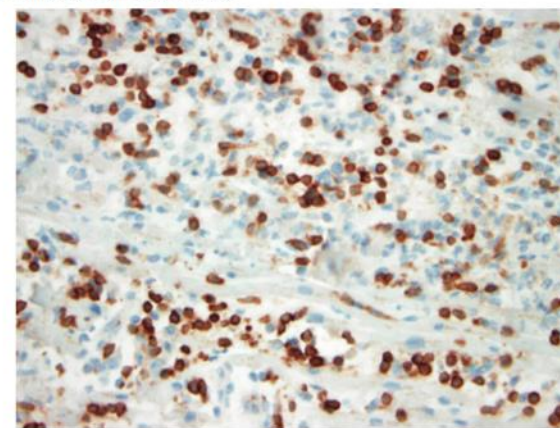
**B ECG Showing Ventricular Tachycardia**



**C Lymphocytic Infiltration of the Myocardium**



**D Infiltrate with CD3+ T cells**

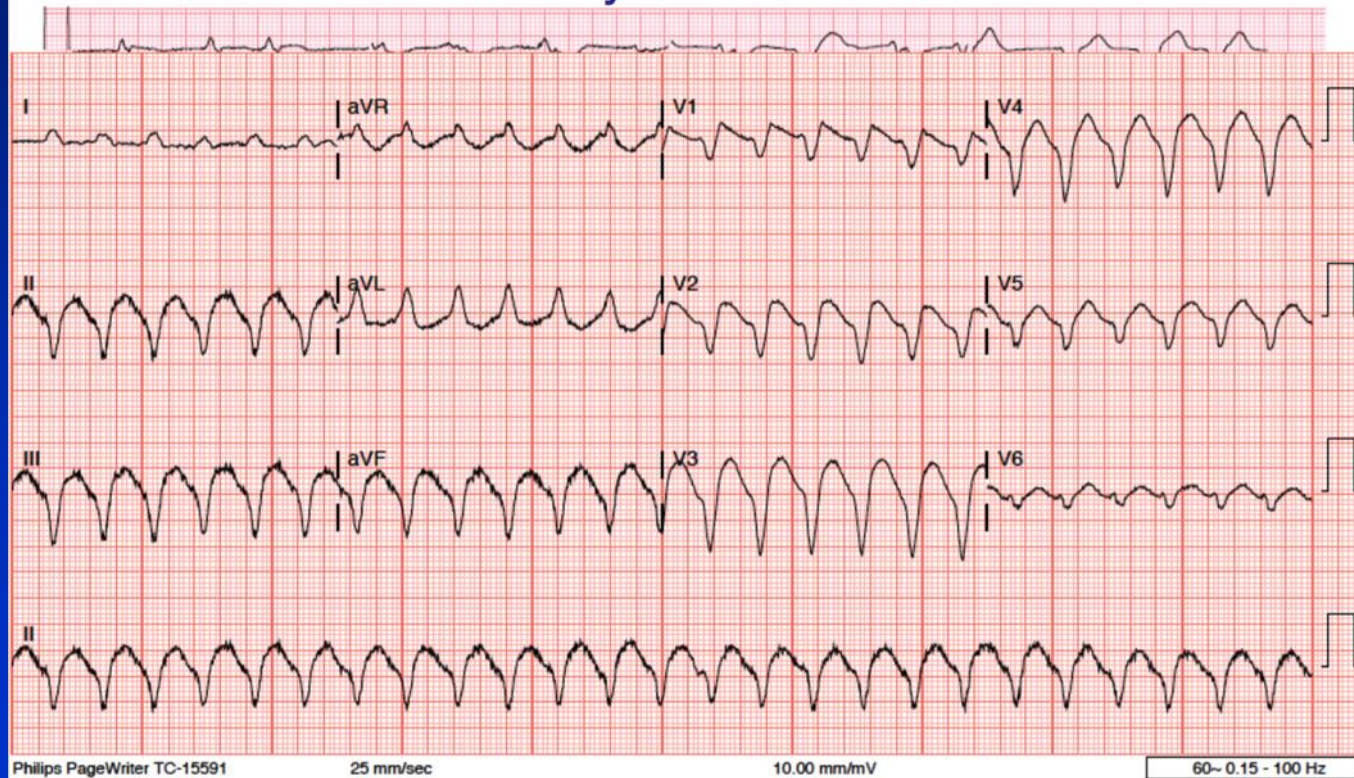


Normal LVSF, Refractory arrhythmias, death



# Sine Wave Ventricular Tachycardia not torsades des pointes

## Electrocardiographic (EKG) Disturbances with Immune-Checkpoint Inhibitor Associated Myocarditis



Courtesy of Olenchock, BWH. Ahmad, Yale

# 8 Center registry findings: ICI myocarditis

## Myocarditis in Patients Treated With Immune Checkpoint Inhibitors

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### ABSTRACT

**BACKGROUND** Myocarditis is an uncommon, but potentially fatal, toxicity of immune checkpoint inhibitors (ICI). Myocarditis after ICI has not been well characterized.

**OBJECTIVES** The authors sought to understand the presentation and clinical course of ICI-associated myocarditis.

**METHODS** After observation of sporadic ICI-associated myocarditis cases, the authors created a multicenter registry with 8 sites. From November 2013 to July 2017, there were 35 patients with ICI-associated myocarditis, who were compared to a random sample of 105 ICI-treated patients without myocarditis. Covariates of interest were extracted from medical records including the occurrence of major adverse cardiac events (MACE), defined as the composite of cardiovascular death, cardiogenic shock, cardiac arrest, and hemodynamically significant complete heart block.

**RESULTS** The prevalence of myocarditis was 1.14% with a median time of onset of 34 days after starting ICI (interquartile range 21 to 75). Cases were 65 ± 13 years of age, 29% were female, and 54% had no other immune-related side effects. Relative to controls, combination ICI (34% vs. 2%;  $p < 0.001$ ) and diabetes (34% vs. 13%;  $p = 0.01$ ) were more common in cases. Over 102 days (interquartile range 62 to 214) of median follow-up, 16 (46%) developed MACE; 38% of MACE occurred with normal ejection fraction. There was a 4-fold increased risk of MACE with troponin T of  $\geq 1.5$  ng/ml (hazard ratio 4.0; 95% confidence interval 1.5 to 10.9;  $p = 0.003$ ). Steroids were administered in 89%, and lower steroid doses were associated with higher residual troponin and higher MACE rates.

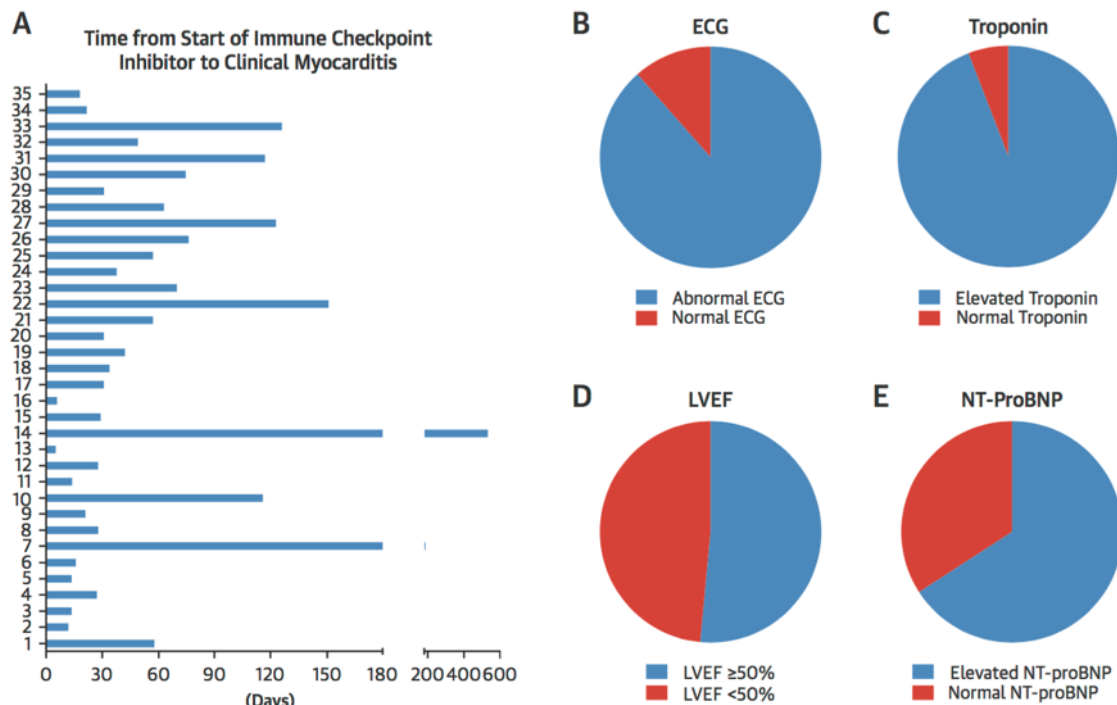
**CONCLUSIONS** Myocarditis after ICI therapy may be more common than appreciated, occurs early after starting treatment, has a malignant course, and responds to higher steroid doses. (J Am Coll Cardiol 2018; ■■■■■)

© 2018 by the American College of Cardiology Foundation.

- **35 patients**
  - ❖ 1.14% incidence at MGH
- **29% Female**
- **54% Myocarditis sole SE**
- **Risk Factors**
  - ❖ 34% Dual ICI therapy
  - ❖ 66% Single agent ICI
  - ❖ DM in 34% RR 3.36
- **46% w/ MACE** (Major Adverse CV events)
  - ❖ CV death, cardiac arrest, cardiogenic shock, and hemodynamically significant complete heart block

# Troponin elevation, abnormal EKG, abnormal BNP more common than EF<50%

**FIGURE 1** Clinical Presentation of Patients With ICI-Associated Myocarditis

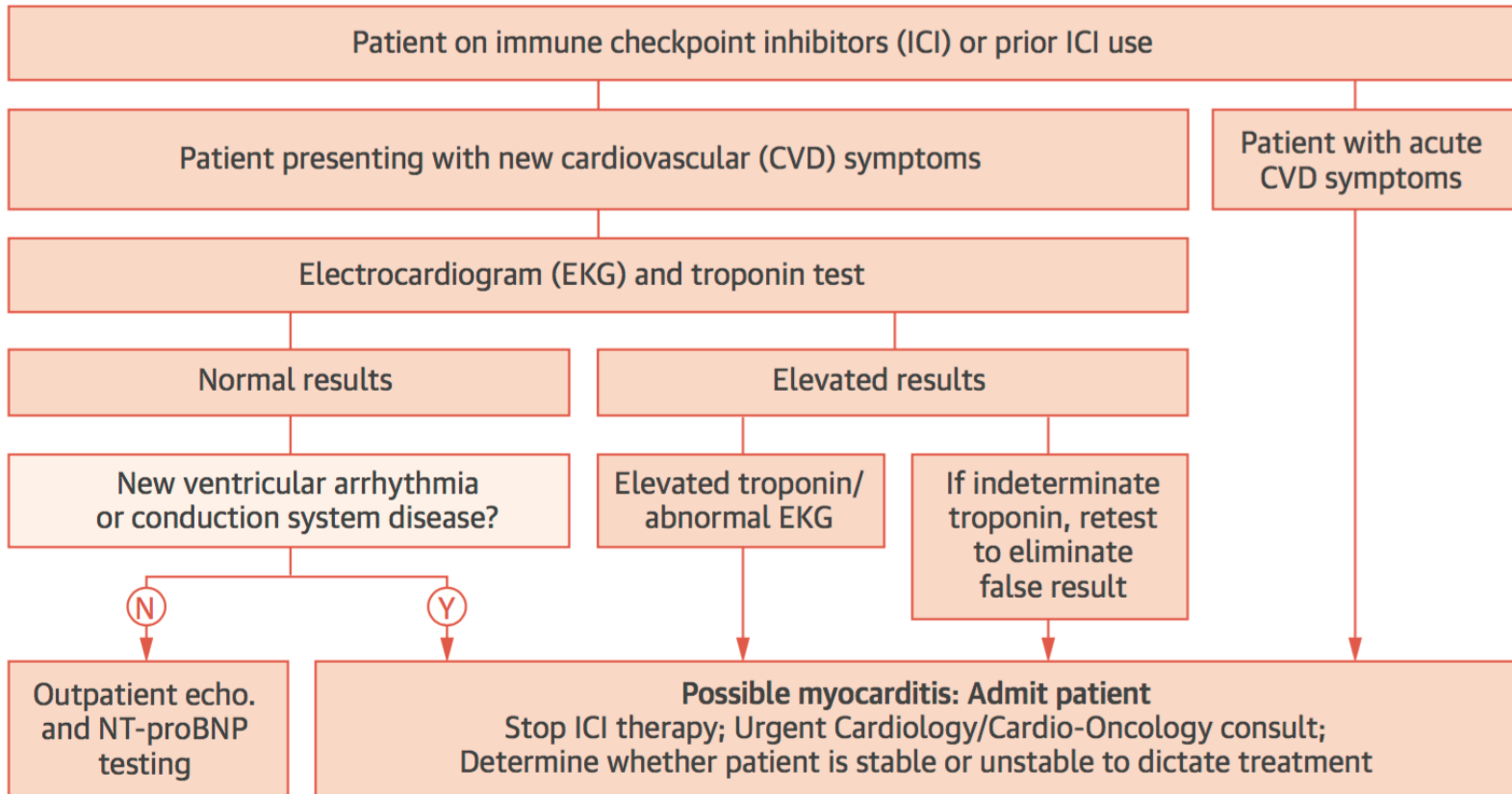


Time from ICI to onset of clinical myocarditis in each of the 35 cases of myocarditis (A). The ICI was administered on day 0. A description of the results for the ECG (B), troponin (C), LVEF (D), and natriuretic peptides (E), standard tests performed at the time of presentation with myocarditis, in patients with myocarditis related to ICI. ECG = electrocardiography; ICI = immune checkpoint inhibitors; LVEF = left ventricular ejection fraction; NT-proBNP = N-terminal pro-B-type natriuretic peptide.

- Mean Onset 34 Days after start of therapy
- +Troponin >90%
- ~50% with EF <50%
- 38% w/ MACE had EF>50%
- ~90% treated with steroids
  - ❖ Higher troponins and higher MACE rates with lower steroid doses

# Cardiac Symptoms in patient on Immune Checkpoint Inhibitor therapy? Consider Myocarditis

## CENTRAL ILLUSTRATION Algorithm for Work-Up and Management of Immune-Mediated Myocarditis



Mahmood, S.S. et al. J Am Coll Cardiol. 2018;■(■):■-■.

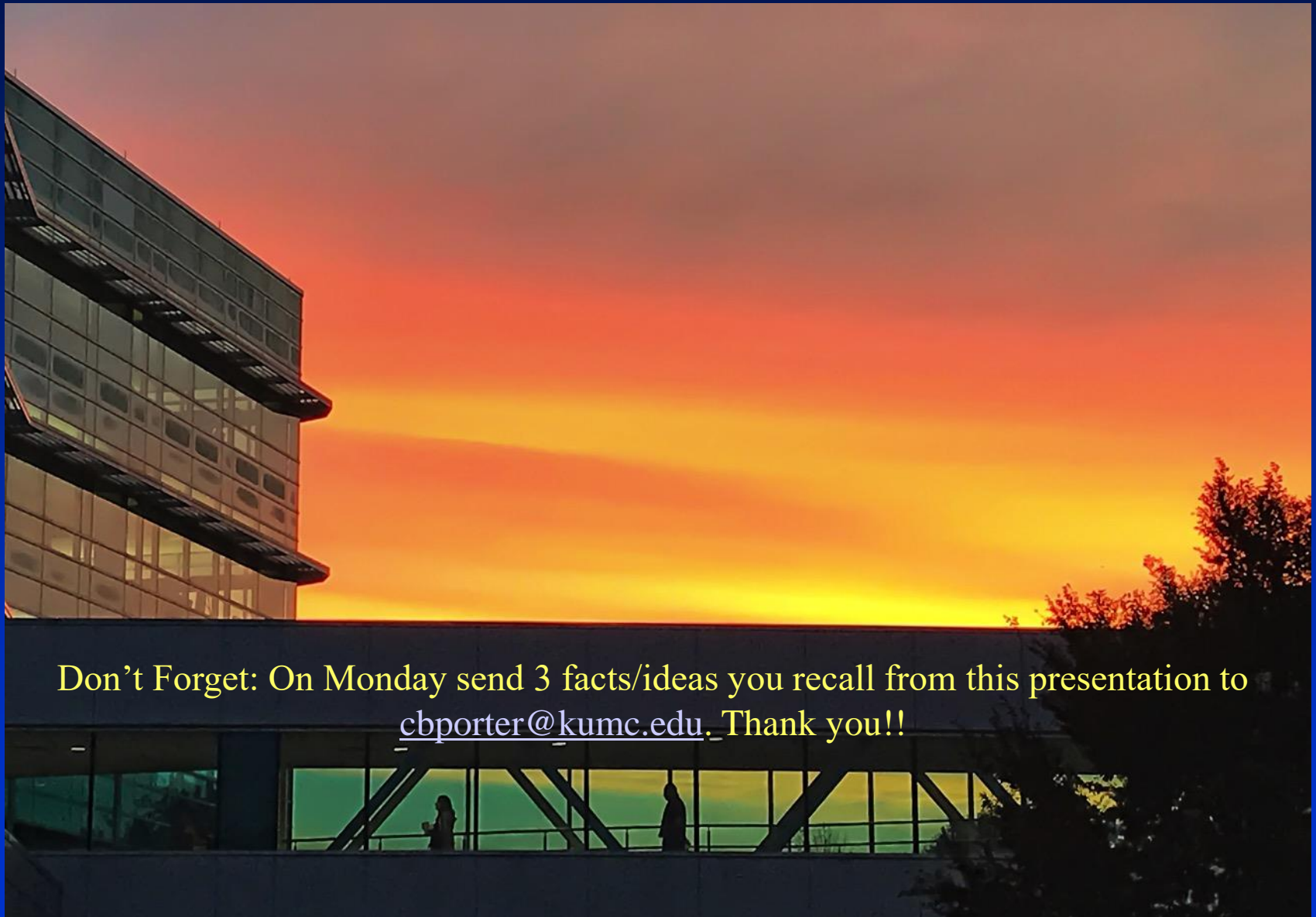
Algorithm based on study findings, and institutional experience with 35 cases of ICI-associated myocarditis. CVD = cardiovascular; EKG = electrocardiogram; ICI = immune checkpoint inhibitors.

# ICI: LVSD with Shock or VT without LVSD: Empiric management

## Immune-Checkpoint Inhibitor Cardiovascular Toxicity in 2018

- Screening
  - ECG, troponin in high-risk individuals (combination therapy)
- Diagnosis
  - Combination of biomarkers, imaging and biopsy
  - Much consider biopsy
- Treatment
  - High dose steroids
  - Antithymoglobulin (ATG)
  - Other therapies directed at T cells? Tacrolimus, MMF

# Questions/Comments?



Don't Forget: On Monday send 3 facts/ideas you recall from this presentation to [cbporter@kumc.edu](mailto:cbporter@kumc.edu). Thank you!!