



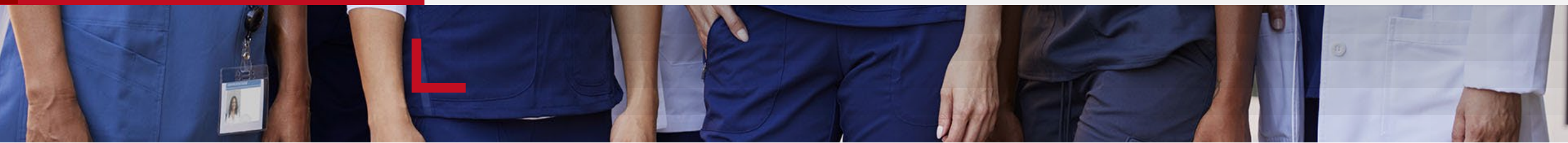
 American Heart Association.
Get With The Guidelines.



American
Heart
Association®

Get With The Guidelines® - North Dakota Updates

October 26, 2023





Agenda

- Welcome
- 2024 GWTG Recognition Opportunities
- 2023 ND GWTG Recognition Recipients
- Rural Health Care Outcomes Accelerator
- ND GWTG State of the State of Stroke Care
- Upcoming Events



Get With The Guidelines®

Get With The Guidelines is a healthcare-based quality improvement program designed to ensure patient care is aligned with the latest research-based guidelines to improve patient outcomes.

GWTG CAD, Stroke and HF programs available for newly enrolling Rural Health Care Outcomes Accelerator participants.



To date, more than 7.1 million patient records have been entered into the Get With The Guidelines® - Stroke database. Improved patient outcomes attest to a quality impact as impressive as the quantity of lives touched by the program.



This inpatient quality program strives to improve outcomes for heart failure patients. The program is aligned with the 2022 Guideline for the Management of heart failure including the latest evidence based guideline-directed medical therapies.



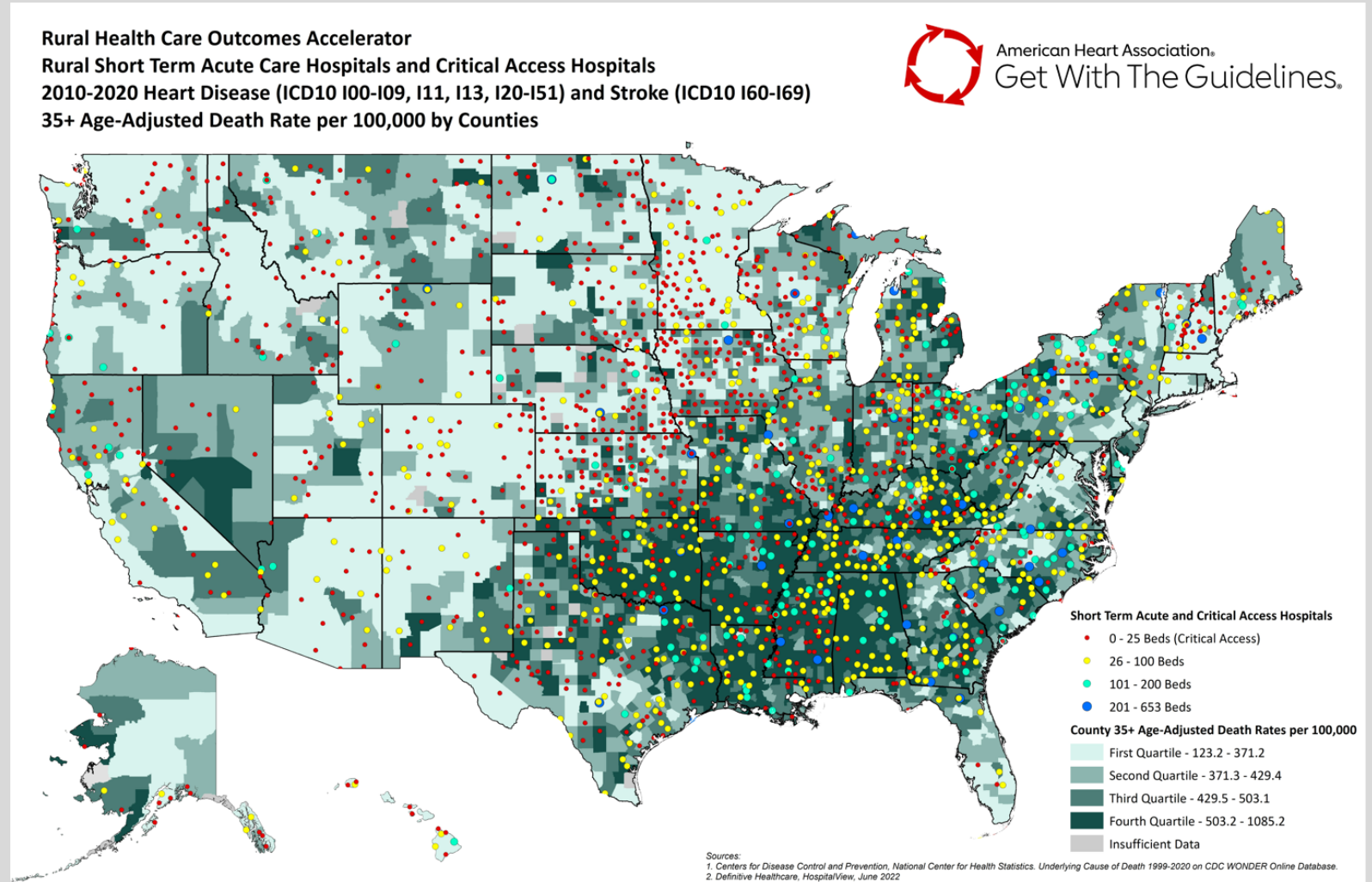
Get With The Guidelines® - CAD tracks AMI process data and supports both hospital quality improvement, as well as regional system of care work between EMS, Referring and Receiving Hospitals.

heart.org/quality

ND GWTG® Participants

CURRENT GWTG® PARTICIPATION

- 42 ND HOSPITALS GWTG-STROKE
- 6 ND HOSPITALS GWTG-CAD
- 37 ARE RURAL HOSPITALS
- **ND DHHS GWTG STROKE & CARDIAC SUPERUSER** – ALLOWS A GROUP OF HOSPITALS TO REPORT INTO AN AGGREGATE ACCOUNT.





GWTG-Stroke Recognition

2024 HOSPITAL RECOGNITION CRITERIA (based on 2023 data)

ACHIEVEMENT MEASURES >85% OR GREATER



QUALITY MEASURES + AWARD

≥75% on at least 4 measures
*Must achieve Silver or Gold to be eligible

- Dysphagia Screening (AHASTR8)
- Stroke Education (AHASTR2)
- Assessed for Rehabilitation (AHASTR11)
- LDL Documented (AHASTR9)
- NIHSS Reported (AHASTR10)
- Door to Needle ≤60 minutes (AHASTR13)

TARGET: STROKE

(Minimum of 6 patients to be eligible)

- HONOR ROLL**
75% of applicable patients (AHASTR13)
Door-to-Needle ≤60 minutes
- HONOR ROLL ELITE**
85% of applicable patients (AHASTR13)
Door-to-Needle ≤60 minutes
- HONOR ROLL ELITE PLUS**
75% of applicable patients & 50% of applicable patients
Door-to-Needle ≤45 minutes & Door-to-Needle ≤30 minutes (AHASTR49)
- HONOR ROLL ADVANCED THERAPY**
50% of applicable patients
- Door-to-Device ≤90 minutes & ≤60 minutes for Transfer Patients (Within 8 hours or 24 hours) (AHASTR14)

2024 HOSPITAL RECOGNITION CRITERIA (based on 2023 data)

- THE AWARD REPORTING PERIOD MUST:**
- 1 Be the same calendar year as your eligible achievement award
 - 2 Include the same patient population as is included in the eligible achievement award

Hospital Must Qualify for Silver Level or Higher Achievement Award

≥10 Patients with a New Onset or Previous History of Diabetes

Overall Diabetes Cardiovascular Initiative Composite Score (AHASTR150) criteria:

≥ 80% Compliance for 12 Consecutive Months (Calendar Year)

- IV Thrombolytics Arrive by 3.5 hours / Treat by 4.5 hours (AHASTR149)
- Early Antithrombotics for Patients With Diabetes (AHASTR148)
- VTE Prophylaxis (AHASTR154)
- Antithrombotic Prescribed at Discharge (AHASTR145)
- Anticoagulation Prescribed for AFib/AFlutter at Discharge (AHASTR144)
- Smoking Cessation (AHASTR151)
- Intensive Statin Prescribed at Discharge (AHASTR298)
- Diabetes Treatment (AHASTR130)
- Therapeutic Lifestyle Changes (TLC) Recommendations at Discharge (AHASTR153)
- Antihyperglycemic Medication With Proven CVD Benefit (AHASTR146)

Overall Diabetes Cardiovascular Initiative Composite Score (AHACAD73) criteria:

≥ 75% Compliance for 12 Consecutive Months (Calendar Year)

- ACE-I or ARB for LVSD at Discharge for Patients with Diabetes (AHACAD66)
- Adult Smoking Cessation Advice for Patients with Diabetes (AHACAD67)
- Antihyperglycemic Medication with Proven CVD Benefit (AHACAD74)
- Aspirin at Discharge for Patients with Diabetes (AHACAD68)
- Beta-Blocker at Discharge for Patients with Diabetes (AHACAD69)
- Cardiac Rehabilitation Patient Referral from an Inpatient Setting (AHACAD70)
- Dual Antiplatelet Therapy Prescribed at Discharge (AHACAD71)
- High-Intensity Statin at Discharge (AHACAD72)

Overall Diabetes Cardiovascular Initiative Composite Score criteria:

≥ 75% Compliance for 12 Consecutive Months (Calendar Year)

- ACEI/ARBs or ARNI at Discharge (AHAHF77)
- Evidence-Based Beta Blocker Prescribed at Discharge (AHAHF78)
- Post-Discharge Appointment Scheduled (AHAHF80)
- Smoking Cessation (AHAHF82)
- Left Ventricular Function Assessed (AHAHF79)
- Lipid-Lowering Medication Prescribed at Discharge (AHAHF81)
- Diabetes Treatment (AHAHF26)
- Antihyperglycemic Medication With Proven CVD Benefit (AHAHF84)

2024 HOSPITAL RECOGNITION CRITERIA (based on 2023 data)

Rural Acute Stroke Composite Score Criteria: At least 75% Compliance



- Time to Intravenous Thrombolytic Therapy ≤ 60 minutes (AHASTR13)
- Door-In/Door-Out Time at First Hospital Prior to Transfer for Acute Therapy ≤ 90 Minutes (AHASTR27)
- National Institutes of Health Stroke Scale (NIHSS) Reported (AHASTR10)
- Door to CT ≤ 25 min (AHASTR305)
- Dysphagia Screen (AHASTR306)
- Documentation of Last Known Well or Time of Discovery of Stroke Symptoms (AHASTR270)
- IV Thrombolytic Therapy Arrive by 3.5 Hours Treat by 4.5 Hours (AHASTR5)
- EMS Pre-notification (AHASTR39)
- Non-Contrast Brain CT or MRI Interpreted Within 45 Minutes of Arrival (AHASTR272)
- Stroke Consultation Done (AHASTR307)



Eligible Hospitals

- Federally Designated Critical Access Hospitals
- Short Term Acute Care Facility and Rural Hospital located within Rural Urban Commuting Area Codes (RUCA) indicating large rural, small rural and isolated geographic locations



2024 HOSPITAL RECOGNITION CRITERIA (based on 2023 data)

Rural Acute Non ST-Elevation Acute Coronary Syndrome (NSTEMI-ACS) Composite Score Criteria: At least 75% Compliance (AHA/CAD98)

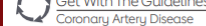
- 12 Lead ECG (Electrocardiogram) Within 10 Minutes of Arrival (AHA/CAD98)
- Early Cardiac Troponin Results Within 90 Minutes of Arrival (AHA/CAD98)
- Risk Stratification of NSTEMI-ACS Patients (AHA/CAD101)
- Low-Risk NSTEMI-ACS Follow Up Appointment (AHA/CAD103)
- Intermediate-Risk NSTEMI-ACS Cardiac Testing (AHA/CAD109)
- High-Risk NSTEMI-ACS Anticoagulant Administration Prior to Transfer (AHA/CAD97)
- High-risk NSTEMI-ACS Transfer to Percutaneous Coronary Intervention (PCI) Center Within 6 Hours (AHA/CAD98)



Rural Acute ST-Elevation Myocardial Infarction (STEMI) Composite Score Criteria: At least 75% Compliance (AHA/CAD94)

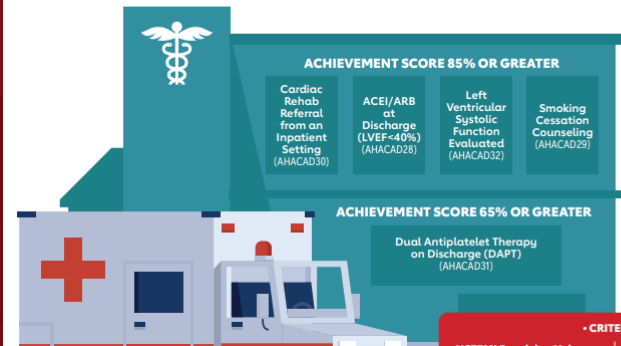
- 12 Lead ECG Within 10 Minutes of Arrival (AHA/CAD94)
- STEMI-Positive 12 Lead ECG to Interfacility Transport Requested Within 10 Minutes (AHA/CAD94)
- Aspirin on Arrival or Prior to Transfer (AHA/CAD90)
- Arrival or Subsequent STEMI-Positive 12 Lead ECG to Transfer to PCI Center within 45 Minutes (Door-In/Door-Out) (AHA/CAD88)
- IV Thrombolytic Therapy Within 30 Minutes of Arrival (AHA/CAD89)
- P2Y12 Receptor Inhibitor Administered Prior to Transfer (AHA/CAD92)
- Anticoagulant Administered Prior to Transfer (AHA/CAD93)

Eligible Hospitals
 Federally Designated Critical Access Hospitals
 Short-Term Acute Care Facilities and Rural Hospitals located within Rural Urban Commuting Area Codes (RUCACs) located at <https://www.ahrq.gov/data-research/rural-urban-commuting-area-codes/>



2024 HOSPITAL RECOGNITION CRITERIA (based on 2023 data)

MISSION: LIFELINE NSTEMI



GWTG-CAD Recognition

MISSION: LIFELINE STEMI REFERRING HOSPITAL



2024 HOSPITAL RECOGNITION CRITERIA (based on 2023 data)

Target: Type 2 Diabetes

THE AWARD REPORTING PERIOD MUST:

- Be the same calendar year as your eligible achievement award
- Include the same patient population as is included in the eligible achievement award

Hospital Must Qualify for Silver Level or Higher Achievement Award

≥10 Patients with a New Onset or Previous History of Diabetes

Overall Diabetes Cardiovascular Initiative Composite Score (AHA/ST150) criteria: ≥ 80% Compliance for 12 Consecutive Months (Calendar Year)	Overall Diabetes Cardiovascular Initiative Composite Score (AHA/ST150) criteria: ≥ 75% Compliance for 12 Consecutive Months (Calendar Year)	Overall Diabetes Cardiovascular Initiative Composite Score criteria: ≥ 75% Compliance for 12 Consecutive Months (Calendar Year)
IV Thrombolytics Arrive by 3.5 hours / Treat by 4.5 hours (AHA/ST149)	ACE-I or ARB for LVSD at Discharge for Patients with Diabetes (AHA/CAD96)	ACEI/ARBs or ARNI at Discharge (AHA/HF77)
Early Antithrombotics for Patients With Diabetes (AHA/ST148)	Adult Smoking Cessation Advice for Patients with Diabetes (AHA/CAD67)	Evidence-Based Beta Blocker Prescribed at Discharge (AHA/HF78)
VTE Prophylaxis (AHA/ST154)	Antihyperglycemic Medication with Proven CVD Benefit (AHA/CAD74)	Post-Discharge Appointment Scheduled (AHA/HF80)
Antithrombotic Prescribed at Discharge (AHA/ST145)	Aspirin at Discharge for Patients with Diabetes (AHA/CAD68)	Smoking Cessation (AHA/HF82)
Anticoagulation Prescribed for AFib/AFlutter at Discharge (AHA/ST144)	Beta-Blocker at Discharge for Patients with Diabetes (AHA/CAD69)	Left Ventricular Function Assessed (AHA/HF79)
Smoking Cessation (AHA/ST151)		Lipid-Lowering Medication Prescribed at Discharge (AHA/HF81)

MISSION: LIFELINE STEMI RECEIVING CENTER



2024 EMS RECOGNITION CRITERIA (based on 2023 data)



- Mission: Lifeline EMS Award**
- AHAEMS1 Pre-arrival notification for suspected stroke
 - AHAEMS2 Documentation of last known well for patients with suspected stroke
 - AHAEMS3 Evaluation of blood glucose for patients with suspected stroke
 - AHAEMS4 Stroke Screen Performed and Documented
 - AHAEMS5 12-lead ECG performed within 10 minutes for suspected heart attack
 - AHAEMS6 Aspirin administration for STEMI-positive ECG
 - AHAEMS7 Pre-arrival notification ≤ 10 minutes for STEMI positive ECG
- Volume Criteria:** At least 4 patients for the calendar year (>1 STEMI patient and >1 Stroke Patient)




Mission: Lifeline System of Care Target Heart Attack Award

- AHAEMS8 EMS First Medical Contact (FMC) to PCI ≤ 90


The American Heart Association is excited to continue recognizing EMS agencies for applying the most up-to-date evidence-based treatment guidelines to improve care and outcomes in the communities they serve.

Prehospital personnel are the first providers of care to patients suffering from cardiac emergencies. The role of EMS in the system-of-care for these patients is crucial and often sets the course for the patient's outcome.

Congratulations Get With The Guidelines® Gold & Silver Recipients!







The Road to a Healthy Heart Starts Here




How to find heart and stroke care near you, measured by the American Heart Association.

Every patient deserves access to high-quality heart and stroke care, regardless of where they live. Each year, the American Heart Association recognizes hospitals across the country – from rural areas to the most populated cities – for consistently following up-to-date, research-based treatment guidelines for cardiovascular disease. These hospitals maintain unrelenting standards to help patients live longer, healthier lives and have the opportunity for a higher quality of life. Read more about this recognition from the American Heart Association and find an award-winning hospital near you.


 <p>Every 40 seconds, someone in America has a stroke or heart attack.</p>	 <p>In 2020, more people died from cardiovascular disease than in any year since 2003, with people of color most significantly impacted.</p>	 <p>More than 2,800 hospitals participate in Get With The Guidelines, a 20-plus year effort to bring research-based, equitable care to heart and stroke patients.</p>	 <p>The American Heart Association strives to advance cardiovascular health for all, including identifying and removing barriers to health care access and quality.</p>
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Bismarck CHI St. Alexius Health Bismarck D E G G+




NSTEMI: Gold

These hospitals are recognized for achieving 65% adherence to Dual Antiplatelet prescription at discharge and 85% or higher compliance on each of the four performance measures for two or more consecutive calendar years.




Get With The Guidelines: Gold Plus Achievement

These hospitals are recognized for two or more consecutive calendar years of 85% or higher adherence on all achievement measures applicable and 75% or higher adherence with additional select quality measures in stroke.



Target: Type 2 Diabetes™ Honor Roll


A national honor roll program for hospitals participating in Get With The Guidelines® (HF, Stroke) to reinforce evidence-based guidelines with hospitals that qualify for a Silver level or higher achievement award in the related Get With The Guidelines module. These hospitals must be able to demonstrate adherence for 12 consecutive months (calendar year) for the “Overall Diabetes Cardiovascular Initiative Composite Score” measure in the selected module.



Target: Stroke™ Honor Roll Elite


These hospitals are recognized for treating 85% or more of their eligible stroke patients in 60 minutes or less* in addition to their current Gold or Silver Get With The Guidelines®-Stroke status. *Door to Treatment Time

Fargo Essentia Health D D E G+ G+ HR




Target: Type 2 Diabetes™ Honor Roll

A national honor roll program for hospitals participating in Get With The Guidelines® (HF, Stroke) to reinforce evidence-based guidelines with hospitals that qualify for a Silver level or higher achievement award in the related Get With The Guidelines module. These hospitals must be able to demonstrate adherence for 12 consecutive months (calendar year) for the “Overall Diabetes Cardiovascular Initiative Composite Score” measure in the selected module.




Target: Stroke™ Honor Roll Elite

These hospitals are recognized for treating 85% or more of their eligible stroke patients in 60 minutes or less* in addition to their current Gold or Silver Get With The Guidelines®-Stroke status. *Door to Treatment Time




Get With The Guidelines: Gold Plus Achievement

These hospitals are recognized for two or more consecutive calendar years of 85% or higher adherence on all achievement measures applicable and 75% or higher adherence with additional select quality measures in stroke.



Get With The Guidelines: Gold Plus Achievement


These hospitals are recognized for two or more consecutive calendar years of 85% or higher adherence on all achievement measures applicable and 75% or higher adherence with additional select quality measures in heart failure.



Target: Heart Failure™ Honor Roll


These hospitals are recognized for 50% or higher adherence to all relevant Target measures in addition to their current Gold or Silver Get With The Guidelines®-Heart Failure status.

Grand Forks Altru Health System D E G+




Target: Type 2 Diabetes™ Honor Roll

A national honor roll program for hospitals participating in Get With The Guidelines® (HF, Stroke) to reinforce evidence-based guidelines with hospitals that qualify for a Silver level or higher achievement award in the related Get With The Guidelines module. These hospitals must be able to demonstrate adherence for 12 consecutive months (calendar year) for the “Overall Diabetes Cardiovascular Initiative Composite Score” measure in the selected module.



Target: Stroke™ Honor Roll Elite

These hospitals are recognized for treating 85% or more of their eligible stroke patients in 60 minutes or less* in addition to their current Gold or Silver Get With The Guidelines®-Stroke status. *Door to Treatment Time



Get With The Guidelines: Gold Plus Achievement

These hospitals are recognized for two or more consecutive calendar years of 85% or higher adherence on all achievement measures applicable and 75% or higher adherence with additional select quality measures in stroke.



Sanford Medical Center Fargo



Target: Stroke™ Honor Roll Elite Plus X

These hospitals are recognized for treating 75% or more of their eligible stroke patients in 45 minutes or less* AND 50% of their eligible stroke patients in 30 minutes or less,* in addition to their current Gold or Silver Get With The Guidelines®-Stroke status. *Door to Treatment Time



Get With The Guidelines: Gold Plus Achievement X

These hospitals are recognized for two or more consecutive calendar years of 85% or higher adherence on all achievement measures applicable and 75% or higher adherence with additional select quality measures in stroke.



Target: Stroke™ Honor Roll Advanced Therapy X

In addition to participating in Get With The Guidelines®-Stroke measuring, these hospitals are recognized for Door To Device (DTD) times in at least 50% of applicable patients within 90 minutes for direct arriving and within 60 minutes for transfers.



Target: Type 2 Diabetes™ Honor Roll X

A national honor roll program for hospitals participating in Get With The Guidelines® (HF, Stroke) to reinforce evidence-based guidelines with hospitals that qualify for a Silver level or higher achievement award in the related Get With The Guidelines module. These hospitals must be able to demonstrate adherence for 12 consecutive months (calendar year) for the "Overall Diabetes Cardiovascular Initiative Composite Score" measure in the selected module.

Jamestown

Jamestown Regional Medical Center



Target: Type 2 Diabetes™ Honor Roll X

A national honor roll program for hospitals participating in Get With The Guidelines® (HF, Stroke) to reinforce evidence-based guidelines with hospitals that qualify for a Silver level or higher achievement award in the related Get With The Guidelines module. These hospitals must be able to demonstrate adherence for 12 consecutive months (calendar year) for the "Overall Diabetes Cardiovascular Initiative Composite Score" measure in the selected module.



Get With The Guidelines: Gold Plus Achievement X

These hospitals are recognized for two or more consecutive calendar years of 85% or higher adherence on all achievement measures applicable and 75% or higher adherence with additional select quality measures in stroke.

Minot

Trinity Health



Get With The Guidelines: Silver Plus Achievement X

These hospitals are recognized for one calendar year of 85% or higher adherence on all achievement measures applicable and 75% or higher adherence with additional select quality measures in stroke.

Valley City

CHI Mercy Health - Valley City



STEMI: Silver Plus Referring X

These hospitals are recognized for compliance to Door In / Door Out in 30 minutes or less for transferred STEMI patients for one calendar year, in addition to current Silver Mission: Lifeline status.

Sanford Bismarck Medical Center



Target: Type 2 Diabetes™ Honor Roll X

A national honor roll program for hospitals participating in Get With The Guidelines® (HF, Stroke) to reinforce evidence-based guidelines with hospitals that qualify for a Silver level or higher achievement award in the related Get With The Guidelines module. These hospitals must be able to demonstrate adherence for 12 consecutive months (calendar year) for the "Overall Diabetes Cardiovascular Initiative Composite Score" measure in the selected module.



Target: Stroke™ Honor Roll Elite X

These hospitals are recognized for treating 85% or more of their eligible stroke patients in 60 minutes or less* in addition to their current Gold or Silver Get With The Guidelines®-Stroke status. *Door to Treatment Time



Get With The Guidelines: Gold Plus Achievement X

These hospitals are recognized for two or more consecutive calendar years of 85% or higher adherence on all achievement measures applicable and 75% or higher adherence with additional select quality measures in stroke.

[The digital edition of the US News and World Report advertisement is now available here: The Road to a Healthy Heart Starts Here \(usnewsbrandfuse.com\)](https://www.usnewsbrandfuse.com)



CALL TO ACTION: RURAL HEALTH

[Call to Action: Rural Health: A Presidential Advisory From the American Heart Association and American Stroke Association](https://doi.org/10.1161/CIR.0000000000000753)

Originally published 10 Feb 2020 <https://doi.org/10.1161/CIR.0000000000000753> Circulation. 2020;141:e615–e644

According to the Call to Action: Rural Health: A Presidential Advisory from the American Heart Association and American Stroke Association published in February 2020

- In 2016 the American Public Health Association all cause mortality data shows a 20% rural disparity (847.7 versus 713.0 per 100,000)
- Rural residents in the U.S. have a 30% increased risk for stroke mortality compared with urban residents

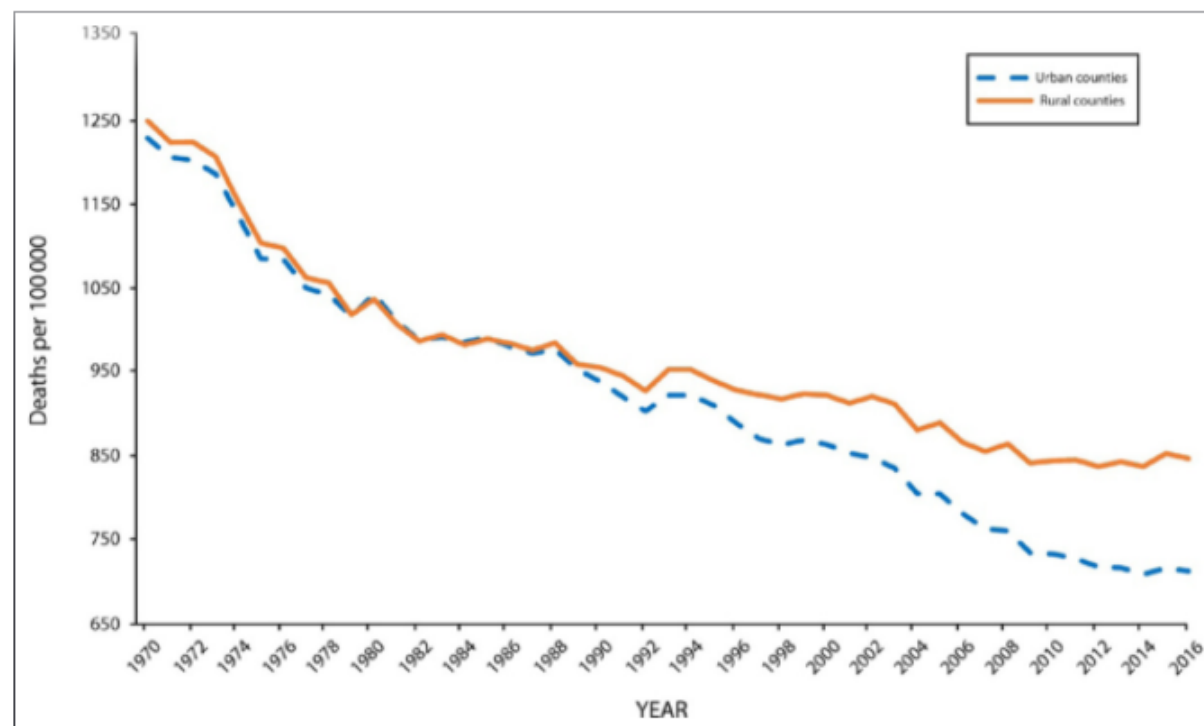


Figure 1. Trends in rural and urban age-adjusted (all-cause) mortality for the United States (1970–2016). Reproduced from Cosby et al⁷ with permission. Copyright © 2019, American Public Health Association.



Rural Health Care Outcomes Accelerator

Our Community, Our Priority.



YOUR AWARD
ICON HERE

Icon can be found in
the supplied media
toolkit from the AHA.

Providing excellent health care requires diligent attention to continuing advances in science. By participating in **American Heart Association's Get With The Guidelines®** program, we strive to ensure that our patients get the latest, evidence-based treatment.

We've been recognized for observing those guidelines so that patients can live longer and healthier lives.

To view a more detailed description of how this award is measured, visit www.heart.org/qualitymeasures.








HOSPITAL LOGO
HERE

Rural Health Care Outcomes Accelerator

Working to ensure Americans living in rural areas have the best possible chance of survival and the highest quality of life attainable by promoting consistent, timely and appropriate evidence-based care.

Contact for More Information



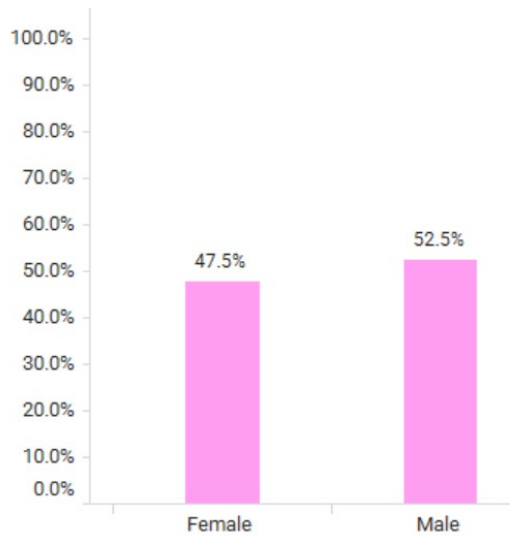
-  No-cost for newly enrolled GWTG® Stroke, CAD, and/or Heart Failure module(s) for 3 years
-  Enhanced Rural QI Hospital 1:1 Consultation
-  No-cost AHA Lifelong Learning Center Rural Disease Specific CE for GWTG® clinical module(s) for participating hospitals elects through June 30, 2025
-  Complimentary access to AHA Professional Membership (fees waived)
-  AHA Facilitated Stroke and Cardiac Rural Learning Collaboratives
-  Connect with Peers via the AHA Rural Community Network
-  AHA Recognition and Marketing Toolkits

Eligibility:

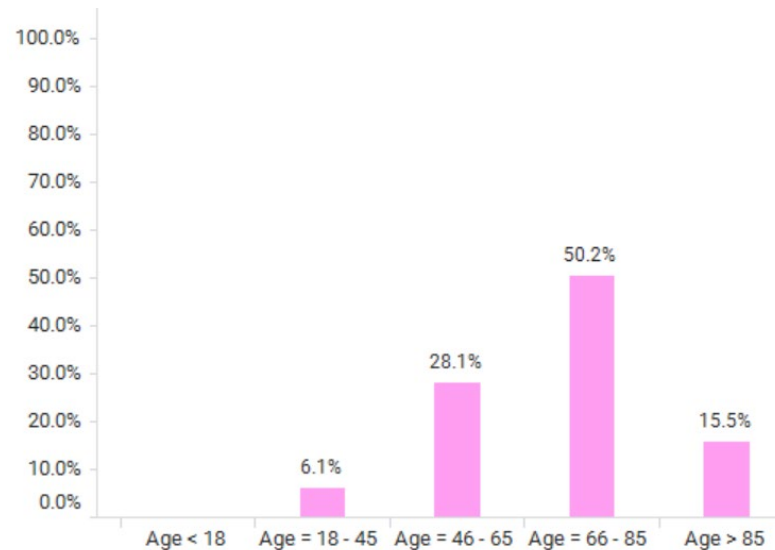
- Critical Access and/or Short-Term Acute Care Hospitals located within Rural Urban Commuting Area (RUCA) Classifications: Large Rural, Small Rural, or Isolated.
- New enrollment in Get with the Guidelines® - Stroke, Coronary Artery Disease (CAD) and/or Heart Failure

For more information on how to enroll in the Rural Health Care Outcomes Accelerator, please visit: heart.org/ruralaccelerator

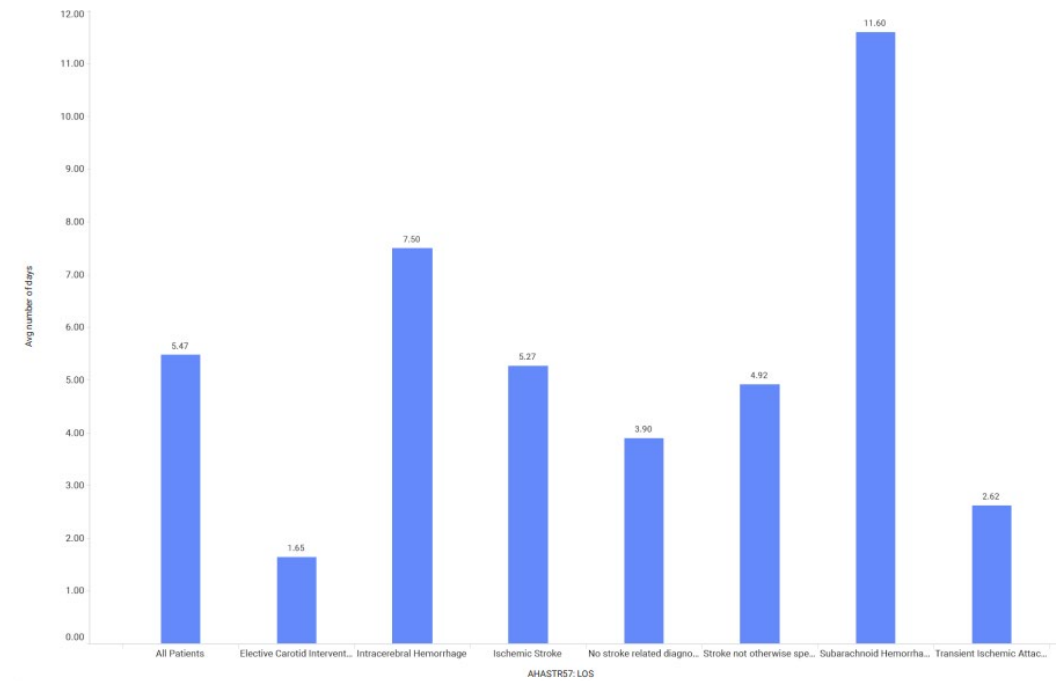
ND Stroke Patient Demographics



Gender



Age



Length of stay

Get With The Guidelines®-Stroke This work represents the authors' independent analysis of multicenter data gathered using the AHA Get With The Guidelines® (GWTG) IQVIA Registry Platform but is not an analysis of the national GWTG dataset and does not represent findings from the AHA GWTG National Program."



World Stroke Day

October 29, 2023

World Stroke Day | American Stroke Association



F.A.S.T. Infographic



F.A.S.T. Infografía



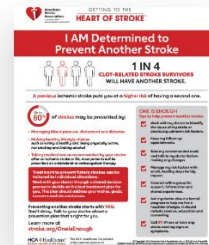
5 Key Facts About Stroke



5 Hechos Clave Sobre el Ataque Cerebral



What to Do Instead of Having Another Stroke (PDF)



I AM Determined to Prevent Another Stroke Infographic

F.A.S.T. Quiz

How well can you detect the early warning signs of a stroke? Take our stroke quiz to find out! Your knowledge may save your life or the life of a loved one.

[Begin Quiz](#)



 American Heart Association.
Get With The Guidelines.



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Heart
Association®

Thank you!

Mindy.Cook@heart.org

