



Telebehavioral Health Certificate Program

Enduring Online Course – 4.5 credit hours



Description:

This online, self-paced certificate course will engage behavioral health professionals in a focused telebehavioral health curriculum that reviews current evidence and best practices from experts in the field through interactive content, video, and integrated case scenarios.

Special populations such as children and older adults, as well as cultural competency, will be addressed in this course. Content will be adaptive for disciplines within the behavioral health care team and include both acute and ambulatory perspectives.

Learning Objectives:

At the conclusion, participants should be able to:

1. Describe the evolution of telehealth and telebehavioral health
2. Identify common barriers to use of telebehavioral health
3. Summarize evidence supporting the use of telebehavioral health
4. Describe models typically used to deliver telebehavioral health interventions across the care continuum
5. Differentiate telehealth modalities that can be utilized to deliver telebehavioral health interventions
6. Identify the infrastructure requirements to implement telehealth services for the assessment and treatment of patients with psychiatric disorders
7. Recognize privacy and security requirements regarding telebehavioral health and telecommunication
8. Describe technological concerns, clinical issues, and workflows for behavioral health professionals who seek to implement the models and methods of telebehavioral health
9. Describe verbal and non-verbal communication that builds therapeutic relationships in telebehavioral health
10. Describe the patient and practitioner environment during a telebehavioral health encounter that establishes rapport and improves workflow
11. Identify best practices in care coordination and follow-up after a telebehavioral health encounter to ensure an excellent patient experience

12. Review various cultural and social determinants that may affect telebehavioral health patient interactions
13. Identify effective communication techniques to promote collaboration and effective patient care coordination when working with remote site staff
14. Recognize variability in requirements and procedures from each state licensing board and facility in regard to telehealth licensing, credentialing and privileging
15. Describe the ethical responsibilities associated with a behavioral health professional's scope of practice when utilizing telehealth
16. Establish protocol to clarify bounds and requirements of the practitioner and patient during a telebehavioral health encounter

Accreditation Terms:

Joint Accreditation: 05/24/2022 - 05/23/2025

Accreditation Statements:

In support of improving patient care, this activity has been planned and implemented by the American Heart Association. The American Heart Association is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team.

AMA Credit Designation Statement - Physicians

The American Heart Association designates this activity for a maximum of 4.50 AMA PRA Category 1 Credits™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

AAPA Credit Acceptance Statement – Physician Assistants

AAPA accepts certificates of participation for educational activities certified for AMA PRA Category 1 Credit™ from organizations accredited by ACCME or a recognized state medical society. Physician assistants may receive a maximum of 4.50 hours of Category I credit for completing this program.

AANP Credit Acceptance Statement – Nurse Practitioners

American Academy of Nurse Practitioners (AANP) accepts AMA PRA Category 1 Credit™ from organizations accredited by the ACCME.

ANCC Credit Designation Statement - Nurses

The maximum number of hours awarded for this CE activity is 4.50 contact hours.

Participation And Successful Completion:

- Register and view the course online
- View the content in its entirety
- Complete the post-test with a minimum score of 84%
- Complete a survey of your learning experience
- Claim your CE Certificate

Disclosure Statement

All persons in a position to control educational content of a CE activity provided by the American Heart Association must disclose to the audience all financial relationships with ineligible companies whose primary business is producing, marketing, selling, re-selling, or distributing healthcare products used by or on patients. The presence or absence of all financial relationships will be disclosed to the audience in activity materials. All unlabeled/unapproved uses of drugs or devices discussed will also be disclosed to the audience. All relevant financial relationships have been mitigated prior to the commencement of the activity.

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This list represents the relationships that may be perceived as actual or reasonable conflicts of interest as reported on the Disclosure Questionnaire which all AHA volunteers are required to complete and submit. The focus is on relevant financial relationships with commercial interests in the 24-month period preceding the time that the individual is being asked to assume a role controlling content.

Target Audiences:

- Physicians
- Nurses
- Nurse Practitioners
- Physician Assistants
- Psychologists
- Social Workers

ADA Statement:

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